

# Slippery When Wet

## Newsletter



GOOD  
THINGS  
ARE STILL  
AHEAD  
♡

## A HIGHER POWER

“We admitted we were powerless over alcohol — that our lives had become unmanageable.”



When I remember that I am powerless over alcohol, I can turn my day over to a Higher Power of my understanding. I don't have to figure everything out on my own. I can take life one day at a time, with faith, honesty, and a willingness to do the next right thing.

There is peace in knowing that I am not in control — and that's a good thing. I can trust that my Higher Power will guide me through whatever comes today.

One Day at a Time



## Office Notes And Other Important Information



If you are interested in being of service, our Central Office always needs helpers for all sorts of reasons. We are awaiting your call. If you call Mon.-Sat., we can let you know if we have any present needs! Thank you!

### TVICO Address

1111 S. Orchard St.  
Suite 180 (Next to Kootenai)  
Boise, ID 83705

### Office Hours

10AM – 5PM Mon-Fri  
10AM – 3PM Sat

Intergroup: 2<sup>nd</sup> Thursday of the month



tel: 208-344-6611  
♡  
TVICO website: [tvico.net](http://tvico.net)

♡ This newsletter was written  
with the assistance of ChatGPT.



# Editor's Page

Sometimes  
once isn't enough...  
♡

## The Serenity Prayer



God, grant me the serenity  
to accept the things I cannot change,  
courage to change the things I can,  
and wisdom to know the difference.

# Sometimes Once Isn't Enough



When I was first in AA and life was tough all around, I attended an everyday noon meeting. This was maybe about three weeks after my sobriety date. I was struggling with all the everyday problems that pop up around us when we are new to the program of AA.

I shared some of my worries with an old-timer, and she suggested that when I encounter these “problems,” I recite the Serenity Prayer. I did. And of course, nothing good happened! I thought, “Well, that didn’t work.” I told her so, and she smiled and said, “Try it again.”

That was a turning point for me. I learned that the Serenity Prayer is not a magic spell we say once and then wait for life to change. It is a tool — one we can use over and over, sometimes many times a day. Each time I say it, I am reminding myself to pause, breathe, and turn things over to my Higher Power.

Today, I still say the Serenity Prayer — often more than once — especially when I am feeling anxious, frustrated, or tempted to control what I cannot control. It helps me find a little more peace, a little more perspective, and the willingness to do the next right thing.

Sometimes once isn't enough. And that's okay.  
We keep practicing, and it works — one day at a time.



Progress  
not  
Perfection



Grateful  
Sober  
Hopeful  
Today



One Day at a Time

Kindness

Courage

Acceptance

A Brighter Tomorrow

Good  
Things  
Are Still  
Ahead





AA Treasure Valley Intergroup Meeting Corrected Minutes  
August 13, 2026 Zoom Meeting at 7:00 (MST)  
Meeting ID: 858 2136 5348 7572 // Passcode: Intergroup  
In-person Location: New Meadows

Open Meeting – open at 7:00 pm

Declaration of Unity:

This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united.  
For on A.A. unity depend our lives, and the lives of those to come.

Intergroup Statement of Purpose:

- a. Fostering and encouraging AA unity and cooperation among Idaho Area 18 AA Groups to raise funds to provide for the viability of a Central Office.
- b. Guiding the operation of TVICO through its subcommittee known as the TVICO Steering Committee.
- c. Furthering the AA program in accordance with the Twelve Traditions of Alcoholics Anonymous.
- d. Providing a 24-hour hotline Answering Service.
- e. Publishing a monthly Newsletter.
- f. Maintaining a list of volunteers to accept 12-Step calls.

Monthly Birthdays - Richard T 7/13 43 Years

Roll Call

Intergroup Attendees:

Richard T. - Intergroup Chairperson  
Rob C. - Intergroup Co-Chairperson/On The Rocks Group Representative  
David H. - Intergroup Web Servant  
Brandi G. - Intergroup Treasurer  
Jason H. - TVICO Steering Committee Chairperson  
Lauri H - Intergroup Newsletter Editor  
Lori A. - Seekers  
Brenda M. - Newsletter Editor  
Kevin D. - Lunch Bunch  
Rob D. - Meridian Mens Group  
Nancy L - Intergroup Secretary  
Duke - District 4  
Bailey W. - Step Sisters  
Harmony H. - Friday

Other Attendees:

Bob P - Acting Secretary (TVICO Steering Committee Secretary)

Fred M.

### **Committee Representative Reports**

- Secretary – Vacant (Bob P. Reporting)
  - Minutes sent out 8/13/2026 M/S/P Approved
  - Send minutes to those who have not seen them yet.
- Intergroup Treasurer - Brandi G
  - Beginning checking account balance as of both 7/1/2026 = \$959.38
  - Ending balance as of 7/31/2026 = \$819.38
  - Savings account balance = \$25.00
  - New Expense \$140 for Lefty Callahan Shelter Rental.
- Intergroup Chair - Richard T.
  - New Secretary Nancy
- Intergroup Co-Chair/Entertainment Chair - Rob C.
  - Lefty Expenses \$605.49 Budget \$450.00 Income \$568.00 -\$67.49 Loss After other donations \$100.53 Profit. Profit will be added to Intergroup budget for future events. Further details available below.
  - Lots of great volunteers
  - Food donated to Notus food bank
  - Utensils and other stuff donated
  - More events are being considered
  - Car show event is being considered for Spring
- Intergroup Web Servant - David H.
  - Link sent out with changes to Events, Contributions, and other pages on website
  - Meetings and event information updating has been optimized
- Newsletter Editor - Lauri H.
  - Sent out a few days ago
  - Brenda M. Is standing for Newsletter Editor
  - Adobe password will need to be passed to the new Newsletter Editor. Kim at Central Office may have it.
- Hotline Answering Service -
  - Absent
- TAC Representative - John M.
  - Absent
- CPC/PI Representative -
  - Absent
- Central Office Financial - Jason H.
  - Inflows including sales (and 7th Tradition) = \$12,305.02 (includes 7th Tradition contributions in the amount of \$5,824.97)
  - Outflows = \$9,421.60



- July net cash = \$2,883.42
- Cash available for operations = \$14,809.82 (plus \$20,246.47 Operations Prudent Reserve and \$11,000 Literature Prudent Reserve)
- Inventory on Hand = \$38,998.60
- Accounts Receivable and Accounts Payable are all current
- Please see July 2026 financial report for full details.
- TVICO Steering Committee Chair - Jason H.
  - Central Office will be at the Gem State Roundup with employees. Training will be done
  - Fall Assembly Invitation has been received. May go if employee and vetted.
  - Volunteer Lunch
  - Chili Cook-off Funraiser will be in September 19, 2026 10 am to help people know about Central Office
  - GSO literature and merchandise prices will be increased by the same amount as costs
  - Non-GSO literature and merchandise will increase
  - Al-Anon Office is closing. Central Office is considering offering space to them. See New Business for discussion
  - TVICO Workshop is being considered by District 4
  - Kim is going to a Central Office Employee Convention, which is being partially funded by Central Office.
- TVICO Steering Committee Co-Chair/Store Liaison Vicki M.
  - Need new computer at Central Office. See New Business for discussion.

### **District and Group Representative Reports**

- District 3 -
  - Absent
- District 4 -
  - Venmo up and running, still working on getting used more
  - Unity Day help went well
  - Birthday Dinner next year is being planned
  - July Birthday Dinner Group host is changing
  - District is supplying a \$100 pizza party prize for the group submitting the most stories to the Grapevine
  - Hosting TVICO Workshop
  - Need YPAA rep
  - Town Hall hosted by Rule 62 with Delegate. It went well
- District 5 - Absent (Bob P Reporting)
  - Unity Day was a success
  - Safety Workshop October
- District 8 -
  - Absent
- District 9 - Absent (Richard T. Reporting)
  - Meeting Time Reports, New Meadows, Riggins, McCall, and Emmett



- Group Reports -
  - Friday Night Newcomers Group - Harmony H.
    - Speaker Meeting last Friday, with Cake
    - Working to get to Fall Assembly
    - Spring Assembly needs volunteers
  - Lunch Bunch Group - Kevin D.
    - Group Inventory being considered
    - Childcare being considered, need volunteers.
  - Rule 62 Group - John M. (Jason H. Reporting)
    - BBQ Coming up with Live Music, Speakers, and Raffles
  - Seekers Group - Lori A.
    - No Report

#### **Old Business**

- Nothing on Agenda

#### **New Business**

- Central Office computer purchase is being brought to Intergroup since it is over the spending limit for Steering Committee. Review and approval needed for computer purchase with available funds that have been donated and using credit card points, nothing is coming from Central Office budget. Options identified by Vicki M. (Store Liaison) and Kim (Store employee/Lead) at Costco, both are Dell All-In-One computers: 1st choice, \$1376 computer with upgraded processor and 23.8 inch monitor; 2nd choice, \$1456 computer with slightly slower processor with 27 inch monitor. **M/S/P to purchase the 1st choice computer.**
- Steering Committee rotation elections. According to Intergroup bylaws, Districts 3, 5, and 9 Steering Committee representatives should be replaced by District elections at the end of even numbered years, such as 2026 while representatives from Districts 4 and 8 should be replaced at the end of odd numbered years, such as 2027. This was not followed for the current year, all representatives were elected in an odd numbered year, 2025. Should we encourage Districts 3, 5, and 7 to elected new representatives in 2026, change the bylaws, or not make any changes at this time? **M/S/P that Richard T. will send bylaws to DCMs and ask them to comply with the Intergroup bylaws.**
- Elections for Newsletter Editor: Brenda M. Nominated. Gave her service resume which includes experience as newsletter editor in other places and many other Groups, Districts, and Areas. Newsletter Editor job description from the bylaws was read. **Brenda M. was elected unanimously.**
- Website contributions through website needs to be approved so David can get the information he needs to put it on the website. Paypal can be set up and the percentage payment may be able to covered by donations. **M/S/P that contributions be accepted through Paypal through the [TVICO.net](http://TVICO.net) website. David H. Or Kim will contact the Central Office accountant for the information needed to establish this.**

- Al-Anon Office is closing. Central Office is considering offering space to them. It was discussed and decided that this would not be done.
- Elections for Intergroup Secretary. Nancy L. Nominated. Gave her service resume which includes lots of note taking experience. Secretary job description from the bylaws was read. **Nancy L. was elected unanimously.**

### **Adjourn at 8:28 pm**

Meeting closed with the AA Responsibility Statement - When anyone, anywhere, reaches out for help. I want the hand of AA always to be there, and for that, I am responsible.

### **Executive Session Held**

### **Restart Meeting at 8:32 pm**

### **Adjourn at 8:36 pm**

Minutes submitted by Bob P.

Lefty Callahan Float Details submitted by Rob C.

Expenses

\$140 Boise Parks and Rec (Spent before \$450 budget)

\$72.91 Home Depot

\$54.34 Walmart

\$157.34 Winco

\$180.90 Costco

\$605.49 Total

\$450.00 Budget

-\$155.49 Over Approved budget

Income

\$435 Donations

\$133 50/50 Raffle

\$568 Total

\$605.49 Spent

\$568 Income

-\$37.49

What an experience this was for this was the first event i have ever planned. Shout out to Mellissa W, Rich T, Rich G, Harmony B, Acie A, Kimmie P, Duke P, Jason H, Coti C, Jeff R and everyone who floated to support intergroup. It was a great time with great people and a wonderful speaker. A lot went into this and it has been a learning curve I cannot wait to face for the next event. I am open to any ideas for another event. Although we went red, I believe with the experience i have had the next event will bring us back into the black.



Donated  
24 Hamburger Buns  
24 Diet Coke Cans  
17 Coke Zero  
9 Coca-Cola  
8 Sprite  
12 Diet Dr. Pepper  
1 Case Water  
56 Hotdog Buns  
48 Hot Dogs  
TVICO Storage Room  
2 Coolers  
6 Rolls Paper Towels  
500+ Spoons  
500+ Knives  
>200 Forks  
Random kitchen Utensils  
2 Ketchup  
1 Relish

## INTERGROUP TREASURER'S REPORT

**August 2026**

BALANCE FORWARD 8/01/2026

**\$819.38**

### **INCOME (enter any activity)**

| <b>Date</b> | <b>Description</b> | <b>Amount</b> |
|-------------|--------------------|---------------|
| 8/22/2026   | Lefty's Float      | \$568.00      |

### **EXPENSES**

| <b>Date</b> | <b>Description</b>                                       | <b>Amount</b> |
|-------------|----------------------------------------------------------|---------------|
| 8/6/26      | E-Check – Richard G.,<br>Lefty supplies<br>reimbursement | \$72.91       |
| 8/6/26      | E-Check – Harmony<br>B., Lefty supplies<br>reimbursement | \$393.05      |

ENDING BALANCE 8/31/26

**\$921.42**

**Shared Savings Acct Balance - \$25.00 (this is listed on the bank statement)**





PO Box 2469 • Pocatello, ID 83206-2469  
www.iccu.com • 800-456-5067

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Member Number: [REDACTED]  
Statement Start Date: 08-01-2026  
Statement End Date: 08-31-2026

## ACCOUNT SUMMARY

### RETURN SERVICE REQUESTED

TREASURE VALLEY INTERGROUP  
[REDACTED]  
1111 S ORCHARD ST STE 180  
BOISE ID 83705-1938

Savings \$25.00  
Checking \$921.42

## IMPORTANT NOTICE

# SAVINGS ACCOUNTS

Give your cash something better to do.

[ [learn more at ICCU.com](http://learnmoreatICCU.com) ]

### BUSINESS SHARE SAVINGS - INTERGROUP BUSINESS SHARE SAVINGS

|                   |   |          |   |                 |   |             |   |                 |   |                |
|-------------------|---|----------|---|-----------------|---|-------------|---|-----------------|---|----------------|
| Beginning Balance | + | Deposits | + | Interest Earned | - | Withdrawals | - | Service Charges | = | Ending Balance |
| \$25.00           |   | \$0.00   |   | \$0.00          |   | \$0.00      |   | \$0.00          |   | \$25.00        |

| Eff Date | Post Date | Transaction Description | Withdrawal | Deposit | Balance |
|----------|-----------|-------------------------|------------|---------|---------|
|          | 08/01     | Beginning Balance       |            |         | 25.00   |

The amount of Interest earned between 08-01-2026 and 08-31-2026 is \$0.00.  
The average daily balance during this period was \$25.00.  
The minimum balance during this period was \$25.00.  
The Annual Percentage Yield Earned for this account is 0.000%.

### NONPROFIT BUSINESS CHECKING - INTERGROUP CHECKING

|                   |   |          |   |                 |   |             |   |                 |   |                |
|-------------------|---|----------|---|-----------------|---|-------------|---|-----------------|---|----------------|
| Beginning Balance | + | Deposits | + | Interest Earned | - | Withdrawals | - | Service Charges | = | Ending Balance |
| \$819.38          |   | \$568.00 |   | \$0.00          |   | \$465.96    |   | \$0.00          |   | \$921.42       |

| Eff Date | Post Date | Transaction Description                                   | Withdrawal | Deposit | Balance |
|----------|-----------|-----------------------------------------------------------|------------|---------|---------|
|          | 08/01     | Beginning Balance                                         |            |         | 819.38  |
| 08/06    | 08/06     | ACH Withdrawal RICHARD GESELLE RICHARD GESELLE - Bill Pay | 72.91      |         | 746.47  |



| Member Number | Page   |
|---------------|--------|
|               | 2 of 2 |

Statement Start Date: 08-01-2026  
Statement End Date: 08-31-2026

| Eff Date | Post Date | Transaction Description                 | Withdrawal | Deposit | Balance |
|----------|-----------|-----------------------------------------|------------|---------|---------|
| 08/06    | 08/06     | ACH Withdrawal HARMONY BRAILSFO HARMONY | 393.05     |         | 353.42  |
|          |           | BRAILSFO - Bill Pay                     |            |         |         |
| 08/22    | 08/22     | Deposit                                 |            | 568.00  | 921.42  |

| Summary of Overdraft and Returned Item Fees |                       |                    |
|---------------------------------------------|-----------------------|--------------------|
|                                             | Total For This Period | Total Year-To-Date |
| Total Overdraft Fees                        | \$0.00                | \$0.00             |
| Total Returned Item Fees                    | \$0.00                | \$0.00             |

**In Case of Errors or Questions About Your Electronic Transfers, Statement, or Bill and Your Rights**

If you think your statement or bill is wrong, or if you need more information about a transaction on your statement or bill, write us on a separate sheet of paper at P.O. Box 2469, Pocatello, ID 83206. We must hear from you no later than 60 days after we sent you the FIRST statement or bill on which the error or problem appeared. You can call us at 1-800-456-5067, but doing so will not preserve your rights. In your letter, give us the following information:

- Your name and account number.
- The dollar amount of the suspected error.
- Describe the error and explain, if you can, why you believe there is an error. If you need more information, describe the item in question.

We will investigate your complaint and will credit any error promptly. If we take more than 10 business days to do this, we will credit your account for the amount you think is in error, so you will have the use of the money during the time it takes us to complete our investigation. You do not have to pay any amount in question while we are investigating, but you are still obligated to pay the parts of your statement or bill that are not in question. While we investigate your question, we cannot report you as delinquent, or take any action to collect the amount in question.

**Special Rule for Visa Card Purchases**

If you have a problem with the quality of goods or services you purchased with a Visa card, and you have tried in good faith to correct the problem with the merchant, you may not have to pay the remaining amount due on the goods or services. You will have this protection only when

the purchase price was more than \$50 and the purchase was made in your home state or within 100 miles of your mailing address. (If we own or operate the merchant, or if we mailed you the advertisement for the property or services, all purchases are covered regardless of amount or location of purchase.)





# A Little AA Humor

Sobriety is serious business...  
but a good laugh helps! ♥

Easy does it...  
One day  
at a time!  
♥

1 My sponsor told me  
to take it one day at a time.  
Apparently, she did not mean  
I should procrastinate  
everything until tomorrow. ♥

2 How many alcoholics  
does it take to change  
a light bulb?  
Just one — but the light bulb  
has to want to change. ♥



3 I finally figured out what  
“Let Go and Let God” means.  
It does not mean,  
“Ignore the problem  
and hope somebody else  
handles it.” ♥

4 **Newcomer:**  
“How long do I have to keep  
coming to meetings?”  
**Old-timer:**  
“Only until you want to.”

5 My sponsor said,  
“Your best thinking got you here.”  
I thought, Well, that’s rather rude.  
Then I realized...  
she had a point. ♥

6 I asked an old-timer,  
“When does life stop giving me  
opportunities to practice  
acceptance?”  
He said, “I’ll let you know.” ♥

AA: Where we learn  
to laugh at things that  
used to make us lose  
our minds. ♥





# TVICO

## Open House

and

# CHILI CONTEST

SATURDAY, SEPTEMBER 19<sup>TH</sup>

11AM-2PM

Good  
Friends  
Great Chili  
Good Times!



See some old and  
new friends



And see what's  
on sale!



Give-aways,  
raffle and  
games!



SUPPORT YOUR  
CENTRAL OFFICE!



# Decades Dance

September  
18, 2026

9:15 PM — Until Late

## Karaoke

Admission: \$5 per person / \$8 per couple

Bring: Snack to Share, Dancing Shoes

### Win some prizes!

*Presented by*  
**Meridian Night Group**  
**Meridian Meeting Hall**

Questions? Call Meredith B. (831) 239-5671





# NEW MEETING: SHE'S HAPPY, JOYOUS & FREE

STARTING  
NOV 24

MONDAYS @  
6PM

MAGPIE PLAY CAFE  
7074 W STATE ST,  
BOISE, ID 83714

AT THE INTERSECTION OF GLENWOOD AND  
STATE ST IN THE NORTHGATE SHOPPING  
CENTER!

Join us for a child-friendly women's  
meeting! Play area designed for kids  
6 & under, but all are welcome!

