



SLIPPERY WHEN WET MARCH 2026

Intergroup Newsletter Serving all of the Treasure Valley

"Our primary purpose is to stay sober & to help others achieve sobriety."

Office Hours

10AM – 5PM Mon–Fri

10AM – 3PM Sat

TVICO Address

1111 S. Orchard St.,
Suite 180

(Next to Kootenai)

Boise, ID 83705

Intergroup Info

Business Meeting:
2nd Thursday Monthly

Grapevine Daily Quote March 17

"I'm learning to smile and laugh again, and I've even gotten back some of my self respect ... I still have problems, but AA has taught me how to handle them and not to run from them."

"Seventeen and Sober," Richmond, New York, January 1978, Young & Sober: Stories By Those Who Found AA Early

FROM AA GRAPEVINE

- [New Podcast Grapevine Open AA Meeting!](#)
- [The Grapevine Apps: Reaching More Members Worldwide](#)
- [New Bulk Book Discounts!](#)
- [Letter from our Publisher, Chris C.](#)
- [The International Convention Book and Journal Bulletin](#)
- [AA Grapevine Greeting Cards](#)
- [Be a part of Grapevine's Audio Project](#)
- [American Sign Language Videos for Deaf Alcoholics](#)



Sobriety, Aging, and the Quiet Work of Compassion

In the AA community, we often celebrate years of sobriety—and rightly so. Time sober represents perseverance, courage, and the willingness to keep showing up. Many people with long-term sobriety have generously given their time through sponsorship, service work, and helping others find their footing in early recovery.

But something less often discussed can happen as people move into later years of life. Some individuals who have spent decades in recovery may seem less patient, less warm, or less empathetic than they once were. This can be confusing, especially for those who remember them as deeply supportive members of the community.

There are several reasons this can happen, and most of them relate more to the realities of aging and human nature than to recovery itself.

As people enter their sixties and beyond, life often presents challenges that weren't as prominent earlier in sobriety. Chronic illness, fatigue, physical pain, financial worries, and the loss of friends or partners can weigh heavily. These experiences can narrow a person's emotional capacity. Someone who once had endless energy for service might now feel physically or emotionally exhausted.

Another factor is what could be called "service fatigue." Many long-time members have spent years listening to painful stories, guiding newcomers, and helping others through crises. Over time, that level of emotional involvement can lead some individuals to become more blunt or less emotionally available. What once appeared as deep empathy might gradually shift into a more hardened or straightforward style of communication.

Recovery culture can also influence this. Many people entered sobriety hearing strong messages about personal responsibility—ideas like "no excuses" or "do the work." These messages can be powerful tools in early recovery.

However, when applied rigidly to every life situation, they can sometimes cause misunderstandings. Not every struggle stems from attitude or thinking patterns. Life includes real physical illness, aging, grief, and loss.

Sometimes, when people face suffering they do not understand, they react with criticism or distance rather than compassion. This response is often less about judgment and more about discomfort. Illness and vulnerability remind us all that we are not fully in control of what life brings.

Additionally, long-term sobriety can sometimes present an unexpected challenge: certainty. After many years of doing things a certain way, it can be easy to believe that one's personal path is the only correct one. When humility diminishes, empathy can quietly fade as well.

Yet this is not the whole story. Many individuals in long-term recovery experience something very different as they grow older. Rather than becoming harder, they become softer. Rather than becoming more certain, they become more curious, emotional/sensitive, and compassionate.

These members often say that in recovery, they experience something very different as they grow older. Rather than becoming harder, they become softer. Rather than becoming more certain, they become more sensitive, emotional, and compassionate.

These members often say that recovery in later life becomes quieter and often more spiritual. The emphasis shifts away from roles, recognition, and years of service, toward something simpler: kindness, humility, and understanding that everyone is carrying burdens we cannot see.

They remember what early sobriety felt like. They recognize that as we age, life continues to bring major challenges, even without alcohol. They know how hard it can be facing major illnesses, aging, loneliness, and loss, which are their own forms of courage, but sometimes needing help and asking for it can be part of the beginning of many courageous battles of recovery.

Years sober can be counted on a calendar. But emotional sobriety is often measured in a different way. It is measured through patience, gentleness, and great compassion for others.

In the end, perhaps the longer we walk this path, the more our hearts are meant to open rather than close. If recovery teaches us anything over time, it may be this: our job is not to judge another person's struggle, but simply to walk beside them with understanding.

SWW Editor - Lauri H.

TVICO Steering Committee Business Meeting Minutes
February 10, 2026
Zoom Meeting at 6:00 (MST)
Zoom Meeting ID: 842 0099 7363; Password: TVICO

Open Meeting – open at 6:00 pm with the Serenity Prayer

A Declaration of Unity – This we owe to A.A.'s future, to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

Attendees:

Voting members: Jason H. Bob P., Vicki M., Richard T., Brandi G.

Other attendees: Teri K.

Secretary Report: January 6, 2026 Meeting Minutes (Sent out January 8, 2026) Approved as submitted

Reports

- Accountant, Teri K:
 - Receipts including sales = \$23,837.20 (includes 7th Tradition contributions in the amount of \$6,230.82)
 - Total expenses = \$21,146.40
 - January net cash = \$2,690.80
 - Cash available for operations = \$29,624.35 (plus \$20,233.24 Operations Prudent Reserve and \$11,000 Literature Prudent Reserve)
 - Inventory on Hand = \$22,1000.28
 - Please see January 2026 financial report for full details.
 - Some groups have gotten behind on their payments. Any account over 45 days will be COD
- Intergroup Chair: Richard T.
 - Changed Zoom ID. Passcode is the same
- Intergroup Treasurer: Brandi G.
 - Beginning checking account balance as of 1/1/26 = \$1,001.03
 - Ending balance as of 1/31/26 = \$969.28
 - Savings account balance = \$25.00
 - New expense \$31.75 for new EIN.
 - New EIN for Treasure Valley Intergroup, LLC has been submitted
- Intergroup Co-Chair - Robert C.: **Absent**
- Store Liaison Report - Vicki M.
 - Will be going to store regularly to be sure the store is looking good
 - Will explore what is a Vetted Volunteer and how is employee training done

Steering Committee District Representatives Reports

- District 3 Representative: **Position vacant.**
- District 4 Representative: Jason H.
 - Checked out agenda items, store processes, and copier contract signed
- District 5 Representative: Bob P.
 - Upcoming events: Traditions Workshop/Traditions in Relationships and Unity Day
 - Groups are doing well
- District 8 Representative: Vicki M.
 - When Chocolate Doesn't Work Anymore Event
- District 9 Representative: **Position vacant.** (Richard T. Reporting)
 - District meeting coming up. Needs a DCM

Old Business

- Copier Contract
 - Signed in special session. See special minutes below.

Business was conducted between the January and February 2026 Steering Committee business meetings. Copier Contract Approved, see TVICO Steering Committee Special Meeting Minutes at bottom of these minutes.

New Business

- Streamline Committee Communication
 - What's App Chat Room will be set up by Jason H. M/S/P
 - Roster will be set up by Bob P.
- Meeting in a Pocket and bookmarks quantities are low
 - \$1200 to replenish
 - Given free for now, cost is \$0.50 each
 - Vicki will find out how many we have
 - Maybe do a trial at charging \$0.50 for Meeting in a Pocket and/or Bookmark
 - M/S/P to table to next month
- Free shipping
 - Should this continue?
 - Vicki will check with Kim about how charging for shipping will affect sales
 - M/S/P to table to next month
- Lunch for Employee meetings
 - M/S/P This will be paid for every 3 months when they have their meeting up to \$60
- Delinquent invoices from groups.
 - Some groups have gotten behind on their payments. Policy is that any account over 45 days will be COD

Points of Information

- St. Patrick's event.
 - March 7, 2026 11 am to 2 pm at Central Office
 - Vicki will ask Kim about the planning and money needed.

- The Steering Committee will work through WhatsApp communication to facilitate this event and future events
- Kim's been attending ICOAA Trainings
- This has been helpful finding out how other places run their Central Office
- Limits on books sales.
 - Some groups coming in getting a lot of books
- Intergroup fundraising events.
 - They have done some in the past and are they going to do that in the future
 - After COVID several events have not been started back up
- Help for upcoming spring assembly.
 - Anyone who is available would be welcome to help
- Employee shift schedules.
 - Tony is working for Kim on some Fridays per there agreement

Meeting adjourned at 7:26 pm

Minutes submitted by:
TVICO Steering Committee Secretary Bob P.

TVICO Steering Committee Special Session Minutes

Jason H., Bob P., Vicki M., and Richard T. Communicated by email about the new copier contract should be accepted.

Contract details: Current Kyocera 308ci Monthly cost \$254.22 with an average overage of \$80.00 = 334.22 B/W: 4,735 – Cost Per Print: \$0.0106 Tier 1 Color: 180 – Cost Per Print: \$0.01331 Tier 2 Color: 180 – Cost Per Print: \$0.04392 Tier 3 Color: 465 – Cost Per Print: \$0.08984

New Konica Minolta BizHub C361i
Monthly cost \$249.65 with an average expected overage of \$1.41 = \$251.06
B/W 4,500 - Cost Per Print: \$0.006
Color 1,000 pages - Cost Per Print \$0.059

M/S/P in emails from 1/23/2026 to 1/28/2026 that the new copier contract should be accepted.
Jason H. will sign (see above in Chair Report)

INTERGROUP TREASURER'S REPORT

FEBRUARY 2026

BALANCE FORWARD 02/01/2026 **\$969.28**

INCOME

DATE	DESCRIPTION	AMOUNT
None		

EXPENSE

DATE	DESCRIPTION	AMOUNT
116	RICHARD T. for Zoom Account Reimburse	\$159.90

ENDING CASH BALANCE 02/28/2026 **\$809.38**

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Paddy was driving home
absolutely hammered.

Keep Calm And Oh Feck It Enjoy Some Craic

Suddenly, he had to swerve
to avoid a tree, then
another, then another.

Eventually, a Garda pulled
him over and asked why he
was driving like a lunatic.

Paddy explained all about
the trees in the middle of
the road.

The Garda replied "For
feck's sake Paddy, That's
your air freshener!"



3 Irish men in a pub called
Mick, Pat and Tat. The
barman says "Are you all
related?" Mick said "Yeah
we're triplets!" Barman said
"Triplets!, how come you and
Pat are 6ft tall and Tat is
only 4ft tall?", "Well!" said
Mick "Me and Pat were
breast fed so there was no tit
for Tat!"

IRISH BLESSING

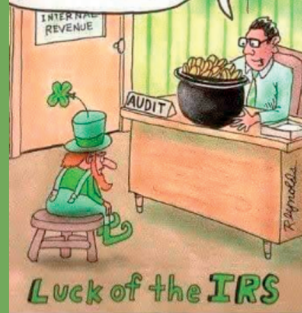
May your joys be
as deep as the oceans

•
Your troubles
as light as its foam

•
And may you find
sweet peace of mind

•
Wherever you
may roam.

The rainbow was on your property, Mr. O'Toole, so technically, you are responsible for claiming the gold as personal income.



HOSTED BY DISTRICT 3 & BACYPAA

PEANUT BUTTER JELLY TIME GRAPEVINE WORKSHOP



DISCOVER MORE :

- AUDIO PROJECT
- PODCAST
- SUBMIT A STORY
- DAILY QUOTE
- IF WALLS COULD TALK
- PHOTO CONTEST
- AND MORE!

TAPR

COME GRAB A PB&J WITH ALL THE FIXINS AND JOIN DISTRICT 3 AND BACYPAA TO EXPLORE MORE ABOUT THE GRAPEVINE




BRING A BEVERAGE, TREAT, OR SIDE

ALANO CLUB
3820 CASSIA STREET
BOISE, ID 83705

12PM - 2PM
208-854-9135
BACYPAAEVENTS@GMAIL.COM



Traditions in All Relationships
Facilitated by Pat G. from Los Gatos, CA

Cost \$5.00
Ticket

New Hope Lutheran Church
331 N. Linder Rd.
Eagle, ID

Learn About A.A. Traditions in
All Relationships

Pizza will be
provided.
Please bring a
side dish



Hosted by District 5

Fellowship. Fun. Service
An Interactive Experience

Cost \$5.00
Ticket

10TH ANNUAL
WOMEN'S AA
BRUNCH

04 | 25 | 2026

9:30am-1:30pm
HILTON GARDEN INN
7699 W. SPECTRUM ST.
BOISE, IDAHO 83709

04 | 25 | 2026

9:30am-1:30pm
HILTON GARDEN INN
7699 W. SPECTRUM ST.
BOISE, IDAHO 83709

Ticket price is \$45.00; Please consider donating an extra \$1-\$10 to sponsor a woman in need.

FOR REGISTRATION,
PLEASE GO TO

WWW.IDWOMENSAABRUNCH.COM
OR SCAN QR CODE:

Speaker: Jenefer M. 03.11.2009



The Idaho Area 18
2026 Spring Assembly & Convention

La 2026 Asamblea y Convención de Primavera
del Idaho Área 18



MAY 8-10

**DEL 8 AL 10
DE MAYO**

The Riverside Hotel 2900 Chinden Blvd, Boise, ID
El Hotel Riverside 2900 Chinden Blvd, Boise, ID

Hosted by District 8 and BACYPAA
or more info: district84u@gmail.com

Organizado por el Distrito 8 y BACYPAA
Para más información: district84u-gmail.com

