

HELLO *August* 2025

*Slippery When
Wet*

Treasure Valley
Intergroup
Newsletter

**"Our primary purpose is to stay sober & to
help others achieve sobriety."**

Office Hours

10AM – 5PM Mon-Fri

10AM – 3PM Sat

TVICO Address

1111 S. Orchard St.,

Suite 180 (Next to Kootenai)

Boise, ID 83705

Intergroup Info

Business Meeting: 2nd Thursday Monthly

Meeting Type: Hybrid

In Person Location: Clubhouse near

8448 Rifleman Dr., Boise

Parking available in the lot or on the street

Contact Intergroup for Zoom information

Acceptance vs. Allowance: The Quiet Tug-of-War

Written by: Lauri H.

SWW Newsletter Editor

August 2025

At first glance, “acceptance” and “allowance” sound like they belong together, two calm, well-mannered cousins at the same family reunion. Both are polite, non-confrontational words, the kind that sit quietly at the table and don’t argue about politics. However, living them out, day by day, is a much more complex endeavor. When I first entered Alcoholics Anonymous, I thought acceptance was the finish line. I accepted that I was a recovering alcoholic, and I did it with relief, like finally finding the right pair of shoes after years of blisters. I not only participate and continue to be of service in AA, but also enjoy it. Acceptance felt like crossing over into a new life. I had faced the truth about myself, and the truth and I were shaking hands.

But then came allowance, a sneakier, more personal challenge. It’s one thing to accept that I am in recovery; it’s another to allow myself to be where I am in that recovery on any given day. Some days I’m glowing with gratitude, and other days I’d rather snap at the microwave for taking too long to heat my coffee. Allowance is about letting those human fluctuations happen without judgment. It’s about saying, “Okay, self, today we’re a little tired and cranky, but that’s not the end of the world,” rather than, “Pull yourself together, you should know better by now.”

The same is true with MOGAD, my rare and incurable disease. Acceptance was the first mountain to climb, understanding that this condition is now part of my life story, without bargaining for a different ending. But allowance comes in daily, bite-sized portions. It’s one thing to accept that I have MOGAD; it’s another to allow myself the grace to live today with whatever version of symptoms or energy levels I wake up with. Some mornings I’m ready to take on the world. Other mornings, I take on a second cup of coffee and a gentle reminder that pajamas can be a legitimate outfit.

I’ve realized that acceptance and allowance are partners, but not identical twins. Acceptance is the solid decision, the overarching “yes” to reality. Allowance is the living, breathing flexibility that follows, the willingness to honor the ebbs and flows without seeing them as failure. Acceptance says, “This is my truth.” Allowance says, “And this is how that truth looks today.” The happy compromise? I think it lies in grace—God’s grace, specifically, because it doesn’t keep a daily performance chart. Grace tells me that I don’t have to pretend to be stronger than I am, nor do I have to apologize for the days when I am not strong. Grace lets me be both the woman who walks into AA meetings with confidence and the one who occasionally wonders if her socks match. It allows me to be the patient who can explain Myelin Oligodendrocyte Glycoprotein Antibody-Associated Disease, to a stranger and the patient who needs to take a nap halfway through explaining it.

So, no, this isn’t a sad story. It’s a realistic one, with a dash of humor and a lot of humility. Acceptance may have been my first big victory, but allowance is what lets me keep living with a full heart, even when the coffee is bad, my disease is unpredictable, and my best outfit is still in the laundry. And in the quiet tug-of-war between the two, I’ve decided I don’t need a winner. I need enough Grace to keep showing up.

Happy DOG

DAYS OF SUMMER

OWNING OUR
STORY AND
LOVING
OURSELVES
THROUGH THAT
PROCESS IS THE
BRAVEST THING
THAT WE'LL
EVER DO.

BRENÉ BROWN



If you are wondering who your people are, they are the ones who make your heart feel seen and your nervous system feel calm. Yes, it's that simple.



"Here's to celebrating the unconditional love and joy dogs bring into our lives."

Treasure Valley Intergroup Meeting Minutes
July 10th, 2025

- Meeting opened at 6pm - Moment of Silence & Serenity Prayer
- Twelve Traditions: Sherepta
- Declaration of Unity: Kimmie
This we owe to A.A. 'S future to place our common welfare first; to keep our fellowship united. For on A.A. Unity depends on our lives and the lives of those to come.
- Intergroup Statement of Purpose: Richard
 - a. *Fostering and encouraging AA unity and cooperation among Idaho Area 18 AA Groups to raise funds to provide for the viability of a Central Office.*
 - b. *Guiding the operation of TVICO through its subcommittee known as the TVICO Steering Committee.*
 - c. *Furthering the AA program in accordance with the Twelve Traditions of Alcoholics Anonymous.*
 - d. *Providing a 24-hour hotline Answering Service.*
 - e. *Publishing a monthly Newsletter.*
 - f. *Maintaining a list of volunteers to accept 12-Step calls.*
- Birthdays: Kimmie (15 years)
- Roll Call: Lisa, **How It Works** -IGR, Krash, **Happy Hour** – IGR, Kimmie, IG Treasurer & TAC Chair, Sherepta (helping co-chair), Richard, IG Co-Chair, Ryan, IG Chair
- Secretary Report: Ryan P., unable to vote due to not having a quorum
- Treasurer Report: Kimmie P., unable to vote due to not having a quorum
- Elections for Intergroup: Entertainment Chair, CPC/PI Chair - remain open ***request to continue announcing at meetings attend***
- Intergroup Chair/Co-Chair: Ryan P. – see attached
- Activity Coordinator Report: Lefty Float report, National Sobriety Day (Tully Park) September 14th
- Newsletter Editor: Lauri not present
- Hotline Answering Service: Ken not present
- TAC Representative: Kimmie P., see attached report ***TAC ELECTIONS TO TAKE PLACE IN NOVEMBER**
- CPC/PI Representative: N/A (**OPEN**)
- Central Office Financial Report: See attached June report
- YPPA: Not present
- Webmaster: David H. not present
- Steering Committee Chair: Doug P. not present, see attached report
- Group Representatives: Lisa, **How It Works**, working on putting together annual picnic in September, Krash, **Happy Hour**, open service positions, has not been able to attend business meetings. Richard T., **Dist. 9, Campout on July 17-20th (Cold Creek Campout) Council**, M & W at 8pm in Council, **Cambridge** on Thurs. @ 7pm, 7th Day Adventist Church, **New Meadows**, Tues @ 6:30pm at the Library, **Weiser W**, Sat, Sun @ 7pm. Stacy, **Dist. 4 Rep**, business

meeting is the 2nd Saturday of each month @ 4pm, w/a birthday dinner at 6pm., hosting Spring Assembly 2027. Asked to join with District 5 for Unity Day Picnic. Sherepta, Serenity Seekers @ Fellowship Hall in Meridian. Fellowship Hall has meetings 7 days a week, also offers a Men meeting & a Women's meeting. Also adding in now a 10pm meeting. Trish, 7am Zoomers, 7am each morning online, Group Inventory done in the last 60 days. Nominations for chairs during annual rotation. Kimmie, DT's & Beyond, located on Garden St. in Boise

- Unfinished Business:

- Adobe Acrobat purchase for use by Intergroup (requested to table to gather more information)

- New Business:

- Food Budget for the Lefty Float presented by Kimmie of \$400, using the US Chef Store & Walmart. (Sherepta motioned, Richard 2nd, passed)

- Motion to adjourn, meeting adjourned.

*****NEXT BUSINESS MEETING: August 14th, 2025*****
Will be Hybrid, taking place at The Clubhouse again!

TVICO Steering Committee Business Meeting Minutes
July 8, 2025
Zoom Meeting ID: 824 1562 0695; Password: TVICO

Open Meeting – open at 6:00 pm with the Serenity Prayer

A Declaration of Unity – This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

Attendees – Doug, Jen, Ryan, Richard, Kimmie, Teri and Lisa

Election of Officers – none at this time

Secretary Report – May 6, 2025 and June 10, 2025 minutes were approved.

Reports

- ☒ Teri, accountant, presented the June 2025 financial report. Highlights are as follows:
Receipts including sales = \$10,327.38 (includes 7th Tradition contributions in the amount of \$4,283.31);
Total expenses = \$9,603.68; June Net Cash = \$723.70; Cash Available for Operations = \$25,540.79 (plus \$20,197.99 Operations Prudent Reserve and \$11,000 Literature Prudent Reserve). Inventory on Hand = \$14,644.01. Please see June 2025 financial report for full details.
- ☒ Intergroup Chair: Ryan P. reported TAC's literature purchase was so large they are using a little of the store's space until the literature can be distributed. The second annual Lefty's River Float is on August 3rd beginning at 1:30 pm at Barber Park with a BBQ/potluck at 3:30 pm at the Old Timer's Shelter in Ann Morrison Park. Thanks to all who helped organize this event.
- ☒ Intergroup Treasurer: Kimmie P. presented Treasurer's report. Beginning balance = \$911.87; one check issued in the amount of \$140.00 as payment for rent of the picnic shelter in Ann Morrison Park for the Lefty's River Float and BBQ; ending balance = \$771.87. Savings account balance = \$25.00
- ☒ Intergroup Co-Chair: Richard T. asked if groups would be interested in celebrating National Sobriety Day on September 14th at Tully Park (2500 N. Linder Rd, Meridian). The park has a nice playground. This would be an all-day event with potluck/snacks. Intergroup will determine financial support after the Lefty's River Float. Doug suggested the idea be taken to the groups.
- ☒ Store Report: Jen L. has not received any requests from the store to sign checks. Doug stated he signed the checks, but many of the payments have been set up on autopay/payment by card. Also, per Doug, Kim is researching using a different vendor for the sobriety coins due to the quality of the coins provided by the current vendor. Tony purchased a new cart for the store – has all four wheels intact.

Steering Committee District Representatives Reports

- ☒ District 3 Representative: Position vacant.
- ☒ District 4 Representative: Doug P. reported their district's birthday dinner is this Saturday, July 12th with a potluck and groups sponsoring the dinner. This is a good activity for the district. Doug is announcing his Steering Committee service ends in December and is inviting anyone interested to attend the Intergroup business meetings which he is present at. Also, District 4 sponsored their 2nd annual Duck Valley campout. The Duck Valley group has been "adopted" by District 4. The campout was well attended and everyone caught fish.
- ☒ District 5 Representative: Jen L. reported the Unity Day Event is scheduled for August 23rd at Kleiner Park in Meridian. Tickets = \$5.00. There will be three speakers in the Senior Center in the park. Avalon will present on Archives. District 8 is participating with food purchases and a cakewalk for the children. There will be a 50/50 raffle with 50% of the proceeds going to Central Office. There is also interest from District 4 in participating. Flyer is on the Area and TVICO websites. Jen will announce the end of her Steering Committee service after this event is over. Her service on the committee ends in December.

- ☒ District 8 Representative: Lisa S. reported District 8 is excited to participate in the Unity Day Event. The only other news is our elections are coming up in September for new district reps.
- ☒ District 9 Representative: Position vacant. Richard did announce their annual campout will be held July 17th – 20th at Cold Springs Campgroup (take Hwy 95 past Council, watch for cabin then turn left). Doug requested that Richard share during the announcements that a District 9 Steering Committee rep. would be most welcome, so their voice can be heard concerning Central Office.

Old Business

- ☒ Teri can migrate Central Office's QuickBooks to QuickBooks Online Advanced at any time (cost = \$170/year through TechSoup). The shared drive/commercial piece should be placed on the computers. Doug will visit with the Intergroup web servant to ensure all the flyers migrate. Teri will process payroll on her system. The internet speed needs to be increased.
- ☒ Doug contacted Sparklight. Their internet service is faster than CenturyLink. Cost = \$74.99/month with 1-year contract; \$63.44/month with 3-year contract (50 speed), but Sparklight's wifi would not provide a mobile option. Teri recommends 100 speed. Doug also stated T-Mobile offers a 5G hotspot which Central Office can take to Assemblies/Conventions for proper sales functions. He will obtain more info. from T-Mobile. Central Office's phone service through CenturyLink will remain in place.

No business was conducted between May and June 2025 Steering Committee business meetings.

NewBusiness

- ☒ Tony purchased a new cart for use by Central Office. We need to confirm he was reimbursed.
- ☒ Kim would like to be added to the CenturyLink account, so she can address issues with CenturyLink when they arise.

Meeting adjourned at 6:42 pm

Executive Session held

Minutes submitted: Lisa S.

TVICO Steering Committee Secretary

In July, no Intergroup quorum for approval was available. When one is in the future, I will post the approved minutes, financials, and other notes.

Thank - you!

Intergroup What the heck is it?

Have ideas for Activities?

We would love to hear from you!



Responsibility Statement

**I am responsible...
When anyone, anywhere
reaches out for help,
I want the hand of AA always
to be there and for that
I am responsible.**

A Declaration of Unity

**This we owe to A.A.'s future:
To place our common welfare first;
To keep our Fellowship united.
For on A.A. unity depend our lives,
And the lives of those to come.**



TVICO or Intergroup est. 1979

Statement of Purpose:

1. Foster and encourage unity among Idaho Area 18 AA Groups and to provide for the viability of a Central Office,
2. Guide the operation of the Central Office through the TVICO Steering Committee,
3. Further the AA program according to the Twelve Traditions
4. Provide for a 24-hour AA Hotline and maintain a list of volunteers to accept 12-Step Calls
5. Publish a monthly newsletter to carry the message

- Who can be part of Intergroup?
 - Each homegroup is allowed one elected Intergroup Representative (IGR)
- What kind of time commitment is involved?
 - 1 meeting (~1 hr on Zoom) each month for a 2yr commitment

When: Second Thursday of each Month

Where: Meeting ID: 841 8862 6550

Password: Intergroup

Time: 6pm - 7pm

Other: Central Office can assist with further questions

208.344.6611

DISTRICT 5 PRESENTS

UNITY DAY PICNIC

SATURDAY, AUGUST 23

JULIUS M. KLEINER MEMORIAL PARK

1900 N. Records Ave., Meridian, ID – Picnic Shelter B1

12:00 – 4:00 PM | TICKETS \$5

Speaker Meetings @ 1PM, 2PM, & 3PM

Join us for food, fun & fellowship!

BRING A SIDE DISH TO SHARE + CASH FOR 50/50 RAFFLE!

**Contact Tina F. (208-809-7474), Jen A. (208-380-0332), Jen L. (702-686-7807),
Melissa B. (208-407-1040), or Lena C. (208-957-2009) with any questions!**



RULE 62

SPEAKER & POTLUCK MEETING

DAVE S. [03-25-2017]

Thursday, August 28, 2025
NEW CREATIONS CHURCH

3 W. CONCORD ST. MIDDLETON, ID 83644



**THE DOG
DAYS OF
SUMMER ARE
COMING TO
AN END!**

**DINNER @ 6:30PM MILESTONE
CHIPS @ 7:15PM SPEAKER
MEETING @ 7:30PM**



it's all about hot dogs!

Bring some hot dogs, a side dish or favorite toppings (not required).

**Join us for fellowship, laughter,
and Experience, Strength & Hope!**



RULE 62

END OF SUMMER

BBQ

EXTRAVAGANZA

Music, Games & Raffle

SATURDAY, SEPTEMBER 13TH
10AM-2PM

 Middleton Place Park
75 Marjorie Avenue, Middleton 

JAY M. – 08/08/93

FROM ON THE ROCKS

Please bring a side dish or dessert

Bring your own lawn chair





TVICO

FALL OPEN HOUSE AND CHILI FEED

Saturday, September 13th,

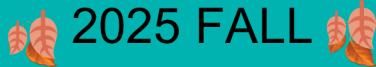
11am-2pm

See some old and new friends, check out new inventory, and see what's on sale! We will also have give aways, chili, and more!

Support your central office!



OCTOBER 3–5, 2025



2025 FALL ASSEMBLY & CONVENTION

Hosted by District 2

Burley, ID

ASSEMBLY WEEKEND SCHEDULE

Friday, October 3

1:00–10:00 PM: Registration Open
7:00–8:00 PM: Speaker Meeting
8:30 pm – 10:00 pm: Round Tables

Saturday, October 4

7:00 AM–6:00 PM: Registration Open
9:00 AM–12:00 PM: Business Meeting
12:00–1:00 PM: Box Lunch (optional)
1:00–5:00 PM: Business Meeting (cont.)
5:00–6:30 PM: Break
6:30–7:30 PM: Fellowship Banquet (optional)
7:30–8:30 PM: Speaker Meeting

Sunday, October 5

7:00–9:00 AM: Registration Open
7:30–8:45 AM: Spiritual Breakfast (optional)
9:00–10:00 AM: Spiritual Speaker Meeting
10:00–12:00 PM: Closing Business

REGISTRATION FEES

Early Registration: \$25 (postmarked by Sept 13)

Registration: \$28 (after Sept 13)

 After Sept 13, register in person on site

MEALS (MUST BE ORDERED BY SEPT 25):

Box Lunch (Sat): \$20

Fellowship Banquet: \$36 Early / \$40 Late

Spiritual Breakfast: \$22 Early / \$25 Late

 **Assembly Mug:** \$8

BEST WESTERN PLUS

INN & CONVENTION CENTER

800 N Overland Ave, Burley, ID 83318

 (208) 678-3501

ASK FOR THE "AREA 18 FALL
ASSEMBLY RATE"

CONTACT US

Cindy – (208) 420-
Mackenzie 3514 (208)
– Thad – 450-9585
(208) 720-
5381

REGISTRATION FORM

Name: _____

Phone: _____

Email: _____

District / Group: _____

Service Role (check one):

- ☐ GSR ☐ DCM ☐ Member ☐ Delegate
☐ Alt. Delegate ☐ Area Officer ☐ Past Delegate
☐ Guest

Item	Quantity	Price	Total
Registration Fee			
Box Lunch			
Banquet Dinner			
Spiritual Breakfast			
Mug			
Spanish Translation			
Donation			
		Total	

SEND REGISTRATION TO:

Area 18 Fall Assembly 2025

PO Box 594

Hailey, ID 83333

REGISTER ONLINE:

WWW.IDAHOAREA18AA.ORG

2 Ways to Stay



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AREA 18 FALL ASSEMBLY



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Grab & Go Breakfast,
Outdoor Pool

14

DISTRICT 4 PRESENTS
Traditions Workshop

Hosted by Rule 62

October 25, 2025
10:00am - 3:00pm

3 panels, 12 speakers and all
12 Traditions!

Join us in unity, service, and recovery

Small group discussions
Q&A

Lunch and snacks will be provided

New Creations Church
3 W. Concord St.
Middleton, ID 83644