

February, 2024

Volume 28, Issue 2

Slippery When Wet

Treasure Valley Intergroup Newsletter

"Our Primary Purpose is to Stay Sober and to Help Other Alcoholics Achieve Sobriety"



Valentine's Love Stories in AA.....



"... Our family has returned to the spirituality of our ancestors. We attend sweat lodges and other ancient ceremonies with our people on sovereign native land. We take panels of sober Natives into Indian boarding schools and institutions, and share about recovery. My life is filled with honesty today. Every action, word, prayer and Twelfth Step call is an investment in my spiritual freedom and fulfillment. I am in love and proud to be a Native American. At an A.A. meeting on an Indian Reservation, I heard the words "Sobriety is traditional." I stand at the top of the sacred mountain, and I listen to the wind. I have a conscious daily contact with my Creator today, and He loves me. Everything is sacred as a result of the Twelve Steps and the love and recovery in Alcoholics Anonymous." Big Book, pg. 469



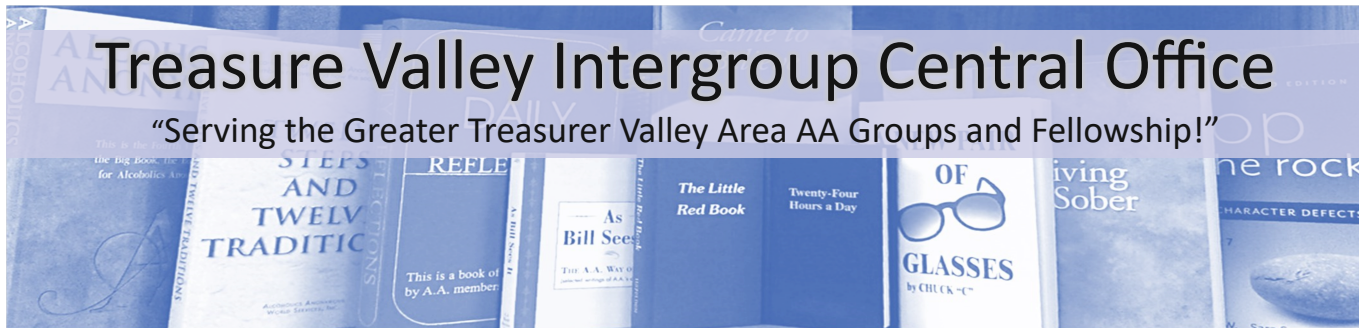
"...He said, in effect: 'If you have a resentment you want to be free of, if you will pray for the person or the thing that you resent, you will be free. If you will ask in prayer for everything you want for yourself to be given to them, you will be free. Ask for their health, their prosperity, their happiness, and you will be free. Even when you don't really want for them and your prayers are only words and you don't mean it go ahead and do it anyway. Do it every day for two weeks, and you will find you have come to mean it and to want it for them, and you will realize that where you used to feel bitterness and resentment and hatred, you now feel compassionate understanding and love.' This great experience that released me from the bondage of hatred and replaced it with Love is really just another affirmation of truth I know: I get everything I need in Alcoholics Anonymous—and everything I need I get. And when I get what I need, I invariably find that it was just what I wanted all the time." Big Book, pg 552



"I once knew a woman who was crying before a meeting. She was approached by a five-year-old girl who told her, 'You don't have to cry here. This is a good place. They took my daddy and they made him better.' That is exactly what A.A. did for me; it took me and it made me better. For that I am eternally grateful." Big Book, pg. 431

Treasure Valley Intergroup Central Office

"Serving the Greater Treasurer Valley Area AA Groups and Fellowship!"



1111 South Orchard Street, Suite 180

Boise, Idaho 83705

(208) 344-6611

tvcentraloffice@tvico.net

TVICO website: tvico.net

Idaho Area 18 website:
www.idahoarea18aa.org

Regular Office Hours

Monday-Friday 10am to 5pm

Saturday 10am to 3pm

AA Hotline

(208) 344-6611

treasurevalleyhotline@gmail.com

(hotline chair)

If your group has a meeting change, please complete this form so that Central Office can update the schedules.

<https://tvico.net/meeting-update-request/>

We Want to Hear From You!

*Have you heard a good AA Joke?

*Want to share your story?

*Have you written an AA Poem?

*Do have any AA Art to share?

Please.... Send in your submissions to:

swwnewsletter@gmail.com



Thank You!

What is Treasure Valley Intergroup Office of Alcoholics Anonymous Inc., What is an Intergroup Representative (IGR), and What is the TVICO Steering Committee?

Treasure Valley Intergroup Office of Alcoholics Anonymous, Inc. (Intergroup) is an Idaho Nonprofit Corporation established in 1979. The purpose of Intergroup is to:

- 1) foster and encourage Unity among Idaho Area 18 AA Groups and to provide for the viability of a Central Office,
- 2) guide the operation of the Central Office through the TVICO Steering Committee,
- 3) further the AA program according to the Twelve Traditions,
- 4) provide for a 24-Hour AA Hotline and maintain a list of volunteers to accept 12-Step calls,
- 5) publish a monthly newsletter to carry the message.

Intergroup membership consists of Representatives from each registered A.A. group. Each group is eligible to elect one home group member to serve as **Intergroup Representative (IGR)**. The purpose of the IGR is to:

- 1) attend monthly Intergroup meetings where they will have one vote to set policies and direct services,
- 2) announce Intergroup activities at the Home Group to keep the fellowship informed and foster unity through encouraging participation and volunteers as needed,
- 3) facilitate two-way communication between their Home Group and Intergroup, and
- 4) serves as the voice of the Group Conscience of their group in matters affecting other groups or AA as a whole, expressing this voice to Intergroup, as an Intergroup member.

The Treasure Valley Intergroup Central Office (TVICO) is a non-profit retail store. **The TVICO Steering Committee is a sub-committee of Intergroup and is responsible and accountable to Intergroup for the day-to-day operations and management of TVICO.** The TVICO Steering Committee membership consists of one representative from each District, the Intergroup Chairperson, Intergroup Co-Chairperson, and Intergroup Treasurer. The purpose of the TVICO Steering Committee is to:

- 1) Provide goods and services to groups and individuals such as General Service Office (GSO) literature, recovery literature, answering service, and accurate meeting schedules through the operation of the TVICO retail store,
- 2) further the AA program in accordance with the Twelve Traditions of Alcoholics Anonymous,
- 3) serve as an Information exchange for all AA Groups in the community, fostering AA unity,
- 4) respond to telephone inquiries from those seeking help and information regarding Alcoholics Anonymous and also answers all AA Hotline calls during normal operation hours,
- 5) develop policies and procedures for the operation and management of TVICO, as needed,
- 6) maintain complete oversight of all employment matters at TVICO,
- 7) utilize a professional Accountant to conduct audits, file tax reports, and assist the TVICO Treasurer generate a monthly cash-flow report of the store to present at the monthly Intergroup meetings,
- 8) act as a service entity "directly responsible to those they serve," as described in Tradition Nine, being mindful that the groups are atop the pyramid of A.A.. Therefore, all matters relating to potential financial burden upon the groups are presented to Intergroup for a Group Conscience before any action is taken, and
- 9) specifically excluded from the objectives of TVICO are the operations of any club, clubhouse, or drying-out place, and the endorsement of any public or private projects on alcoholism as outlined in Tradition Six.

If your group does not have an IGR, please, please volunteer to be Your group's IGR!!
Intergroup Meetings are held on the 2nd Thursday of every month at 6pm, online, via Zoom.

Zoom ID: 891 931 01277 Passcode: Intergroup

If you feel called to Intergroup please join us at the next meeting!

Declaration of Unity

**This we owe to A.A.'s future: To place our common welfare first;
To keep our Fellowship united.**

For on A.A. unity depend our lives, and the lives of those to come.

Treasure Valley Intergroup Meeting
Minutes January 11th , 2024

- Meeting opened at 6pm. Moment of Silence & Serenity Prayer

- Twelve Traditions: Peter

- Declaration of Unity: Brandi G.

This we owe to A.A.'S future to place our common welfare first; to keep our fellowship united.

For on A.A. Unity depends on our lives and the lives of those to come.

- Intergroup Statement of Purpose: Sherepta

a. Fostering and encouraging AA unity and cooperation among Idaho Area 18 AA Groups to raise funds to provide for the viability of a Central Office.

b. Guiding the operation of TVICO through its subcommittee known as the TVICO Steering Committee.

c. Furthering the AA program in accordance with the Twelve Traditions of Alcoholics Anonymous.

d. Providing a 24-hour hotline Answering Service.

e. Publishing a monthly Newsletter.

f. Maintaining a list to volunteers to accept 12-Step calls.

- Birthdays: Noah, District 4 YPPA, Sherepta IGR Friday Night Newcomers

- Roll Call: Brandi G., IG Secretary, Ryan P., Chair/IGR Ding-a-lings, Vee, IGR HIW, Tara Lynn, Attitude Adjustment IGR/Hotline Chair, Bitty, OTR IGR, Peter, Seekers IGR, Sherepta, FNN IGR, Noah, District 4 Rep YPPA/BACYPPA

- Secretary Report: Brandi G., December meeting minutes – Ryan motioned, Tara Lynn 2nd, motion passed

- Treasurer Report: Kimmie P. not present, awaiting transfer from Randy C. & report

- Elections for Intergroup and/or Steering Committee: Open positions for Activities Chair & Co-Chair, CPC/PI, Newsletter Editor – None Filled, all remain OPEN

- Intergroup Chair/Co-Chair: Ryan P. – see attached report

- Newsletter Editor: Brenda not present

- Hotline Answering Service: Tara Lynn gave presentation of new processes, signups, & fliers.

- TAC Representative: N/A (OPEN)

- BACYPPA: Reigniting YPPA in Districts 3 & 4, attended WACYPPA (West Coast Area Conference). Valentines Day Dance planned on February 10th, to include speaker meeting – possible location @ Alano Club in Boise. Business meetings are potentially 2 times per month.

Reshaping & Reforming, possible open service positions

- CPC/PI Representative: N/A (OPEN)

- Central Office Financial Report: Capella not present, awaiting report

- Steering Committee Chair: Capella not present, awaiting report

- Group Representatives: Ryan (Ding-a-lings) 8pm - Wednesday nights, New Hope Church. Speaker & Lottery style meetings. Vee (HIW) 6 meetings/week @ 12pm, United Church of Christ 55 Midland Blvd., Nampa. Thursday – BB Study, Wednesday – Grapevine, Monday – Daily Reflections. Taralynn (Attitude Adjustment) Thursday BB Study, Wednesday Speaker Meeting, Saturdays. Brandi (Rule 62) Tu/Thurs 7 30pm @ New Creations and Sat. 8am., Sun BB Meeting & Monday Discussion @ 7:30pm at United Methodist in downtown Middleton. Speaker/Potluck/Birthday meeting on last Thursday. Sherepta (FNN) Salvation Army in Nampa, Friday Nights @ 7pm, with fellowship after. Bitty (OTR) 6 nights/wk Literature, Speaker, Discussion meetings

- Unfinished Business:

o Ryan P. – Still throwing out info to gain interest, so far good feedback

o Brandi G. – Zoom account will be taken on by Ryan and reimbursed thru TVICO

- New Business:

Amendment needed to bylaws for meeting in person vs. zoom

- Motion to adjourn, meeting adjourned.

NEXT BUSINESS MEETING: FEBRUARY 8TH, 2024

TVICO Business Meeting Minutes
09 JAN 2024
Zoom Meeting at 6:00 PM (MST)
882 5863 0483 Password – TVICO

Open Meeting – Open at 6:00 PM with the Serenity Prayer

Declaration of Unity – This we owe to AA's future: to place our common welfare first; to keep our fellowship united. For on AA unity depend our lives, and the lives of those to come.

Attendees – Capella I., Doug P., Ryan P., Lisa S., Teri K. and Jen L.

Secretary Report: January Steering Committee Minutes review

Reports –

- Central Office Accountant –**Teri K.**
- Intergroup Treasurer – **Kimmie P.**
- Intergroup Chair– Ryan P. Report: Brenda M. stepping down as Intergroup Co-Chair, News Letter Editor position is also open, Ryan intends to arrange for a ZOOM Account to serve both Intergroup and TVICO Steering Committee (See Old Business)
- Intergroup Co-Chair –
- Store Report – Provided by Teri K.: All 3 Sales associates conducted year end inventory. The December 15th and 16th, TVICO Open House was well attended.

Steering Committee District Representatives Reports –

- District 3 Committee Member -
- District 4 Committee Member - Doug P. Will attend January District Business Meeting.
- District 5 Committee Member – Jen L. Tina F. will continue to serve as DCM, 1st District meeting with new trusted servants this coming Sunday, 14 JAN. Agenda will include setting up a workshop, and reestablishing the annual Gratitude Dinner.
- District 8 Committee Member – Lisa S. New District officers Andrew R. DCM, Karen C. Alt DCM. District 8 sponsoring February 2024 workshop “When Chocolate Doesn’t Work Anymore” Saturday, Feb 10th, 9:00 am to 2:00 pm, at the Presbyterian Church at corner of 9th and State Streets in Boise. Lunch will be provided by the district. All Dist. 8 service positions are filled with exception of CP/CPI with some candidates tentatively considering serving.

District 9 Committee Member – Capella I. New District 9 Officers: Rhonda G. DCM, Bosco B. Alt DCM, Secretary: Capella I. (2nd Term) and Dist. Treasurer fulfilling a 2nd term. Next Business meeting 3rd Saturday in February. (Feb 17,2024)

Old Business:

TVICO Yearend inventory was completed with minimal sales associate added work hours required.

Discuss details related to “Joe & Charlie” workshop to be hosted by TVICO in spring 2024. Additional discussion related to Intergroup hosting the workshop vice TVICO. Intergroup Chair, Ryan will follow up with Marti H. to gather more details.

Central Office front entry doors were re-keyed by property management, Teri will receive her key on Friday, 12 JAN. Keys will be issued to our three sales associates, and the store liaison. Total of 4 keys to be issued.

Policy statement suggestion review. (Attached) Committee agreed to defer to incoming committee, Tabled to 1st quarter 2024. With additional discussion of review and potential drafting a new Policy and Procedure document. Sample Central Office guidelines were distributed via email to committee members.

Intergroup Chair Ryan P. In his initial report, suggested purchase of a new ZOOM account to be shared for business meetings of Intergroup and TVICO Steering Committee. Motion (Doug, Jen 2nd) for Ryan to establish this ZOOM Account and provide log on information prior to next meeting to be held 6 FEB (TVICO) and 8 FEB (Intergroup). Motion passed authorizing expenditure for new ZOOM Account.

New Business –

None.

Treasure Valley Intergroup Central Office
Cash Flow
JANUARY 2024

INFLOWS

Archives	\$ 990.00
TAC	\$ 50.00

Gross Sales

GSO Sales	\$ 2,585.99
Non-GSO Sales	\$ 4,364.44
Meeting Schedules & NCP	\$ -
In House Merchandise	\$ 61.00
Gift Certificates	\$ -
Refunds	\$ -

TOTAL Gross Sales	\$ 7,011.43
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7th Traditions:

Home Groups	\$ 4,895.28
Individuals	\$ 115.26
District #	\$ -
7th Tradition Can	\$ 25.00
	\$ -
	\$ -

TOTAL 7th Traditions	\$ 5,035.54
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Miscellaneous Revenue

Interest Income	\$ 15.45
Shipping & Handling Income	\$ 6.00
Printing Income	\$ 80.04
	\$ -

TOTAL Misc. Revenue	\$ 101.49
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TOTAL INFLOWS	\$ 13,188.46
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Cash on Hand	\$ 21,007.53
Less Liabilities Owing	\$ (4,275.94) ²
Cash Available for Operations	\$ 16,731.59
Cash Drawer	\$ 150.00

Prudent Reserves:

Operations Prudent Reserve	\$ 20,139.71
Literature Prudent Reserve	\$ 11,000.00
Inventory on Hand	\$ 34,046.89
Amounts due from Customers	\$ 1,459.23

OUTFLOWS

Cost of Goods Sold	\$ 3,578.69
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Office Expenses

Assembly Expense	\$ -
Bank & Merchant Serv Fees	\$ 151.54
Building Maintenance	\$ -
Computer/Website Maint.	\$ 500.00
Copy Machine Lease	\$ 245.73
Coffee, Candy, Water, Etc	\$ 20.75
Contributions from TVICO	\$ -
Office Supplies	\$ 9.94
Open House Expenses	\$ 110.04
Over-Under	\$ 14.10
Phone/Internet Service	\$ 160.11
Postage & Delivery	\$ -
Printing & Reproduction	\$ 55.94
Property Tax on Copier	\$ 98.16
Professional Fees	\$ 623.76 ¹
Rent	\$ 1,337.00
Store Supplies	\$ 24.48

TOTAL Office Expense	\$ 3,351.55
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Payroll Expense

Includes Employer Taxes	\$ 3,814.36
Work Comp Insurance	\$ -

TOTAL Payroll Expense	\$ 3,814.36
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TOTAL OUTFLOWS	\$ 10,744.60
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NET CASH +/-	\$ 2,443.86
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NOTES:

¹Prof. Fees for include reconciling previous month bank statements, preparing payroll & making payroll tax deposits and/or reports, reporting & paying sales tax review customer & vendor accounts, W2s, 1099s, annual reports, preparation & E-Filing Annual 990-EX Tax Return, & Enhanced Payroll & LogMeIn Subscripti

²Liabilities Owing Includes: Vendor invoices, payroll liabilities, credit card balance Idaho Sales Tax, and Gift Certificates

Thank you for supporting Central Office, we couldn't do it without you!

T.V.I.C.O.
GROUP 7th TRADITIONS
JANUARY 2024

Date	Group Name	Amount
01/02/2024	Women Just Do It	40.00
01/04/2024	Faith Forward	250.00
01/04/2024	How It Works - Nampa	179.40
01/05/2024	No Mo Stinkin' Thinkin'	40.00
01/06/2024	The Life Ahead	500.00
01/06/2024	Treasure Valley Big Book Study	255.00
01/08/2024	The Life Ahead	449.00
01/09/2024	Sobriety Seekers	300.00
01/09/2024	As Bill Sees It	223.04
01/09/2024	Wednesday Night Men's Solutions	83.87
01/10/2024	Meridian Men's M3	150.00
01/10/2024	Go Vertical	325.00
01/11/2024	Rule 62 Group	127.47
01/17/2024	Boise Noon Zoomers	175.00
01/17/2024	Bucks No Bull	405.00
01/17/2024	Noon Awakenings	350.00
01/18/2024	No Reservations	200.00
01/18/2024	Turning Point	40.00
01/19/2024	Canyon River	40.00
01/19/2024	McCall Back to Basics	20.00
01/24/2024	New Way of Life	100.00
01/25/2024	Unknown	12.00
01/25/2024	Meridian Men's M3	150.00
01/25/2024	Touchstones Men's Meeting	67.50
01/25/2024	Touchstones Men's Meeting	112.00
01/25/2024	Seekers	281.00
01/25/2024	Welcome Home Nampa	20.00
Total Group 7th Traditions		\$ 4,895.28

**Central Office would like to thank all the Groups, Individuals, and
Districts for their 7th Traditions last month.
We appreciate it so much !!!**

Thank you for supporting Central Office, we couldn't do it without you!

...On the Topic of Love in Alcoholics Anonymous...

What is Love in Alcoholics Anonymous? Well, let's explore... I can remember well the 3am phone calls to I don't remember who, professing that I was madly in Love, while greatly inebriated! I also remember waking up with someone I didn't know who, the night before I could swear, we were going to be together forever.... as I quietly exited the scene in a deeply hungover state... not leaving a trace of my existence. I remember being in a relationship gifting Valentine's cards professing undying love while still hiding the beer cans under the driver's seat of the car, but, no, I really, really LOVED her, really! Sigh. Ah, the days gone by... how I DO NOT MISS THEM AT ALL!!! Thank Goodness for A.A....

It is here, in the rooms of A.A., where I finally experienced a LOVE I have never known - in so many ways. The way sponsors have given me patience, kindness, and compassion in the way they listen to the challenges I carry. This is Love.

The way I can walk into a meeting of AA anywhere in the world and be accepted for who I am, just by being an alcoholic. This is Love.

The way I can always find what I need in this program, no matter what. One time, in early sobriety, I needed to move across town, but was low on cash. My sponsor suggested I make a "Non-AA Related" announcement stating the situation and how I needed help. Well, after that meeting, a man came up to me and said, "I have a truck and a trailer, where do you need me and what time?" Then a woman gave my sponsor permission to use her big truck. That very day, there was a troop of people who gathered 2 hours after that meeting with a trailer, trucks, and we loaded all my stuff and got me moved! I offered what cash I could give, and they would not accept it! They said, "Pay it Forward." I still get tears in my eyes. To this day, this has been another way I have experienced A Love I have never known in these rooms... Yes, this is Love.

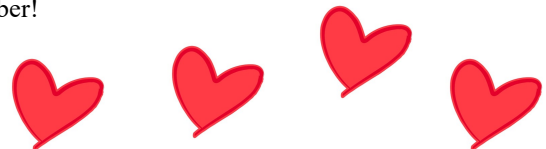
Throughout the years, the Love I have been shown in these rooms has been BIG, really, really BIG. Lately, however I have been contemplating the aspect of Mental Illness. There's a pamphlet called, "AA for Alcoholics with Mental Health Issues: And Their Sponsors" and it shares the experience, strength, and hope of those who are not only alcoholic, but also cope with serious mental health issues. This pamphlet is a useful way to learn how to deal with those who have problems other than alcohol. Alcoholics Anonymous endeavors to give everyone a safe meeting place and provides security and a welcoming environment, so this is not an outside issue. Our common suffering as alcoholics and our common solution helps us all do the best we can to carry the AA message to the still suffering alcoholic.

Those with a mental illness in AA walk around with a challenge and it has made me acutely aware of how we treat those of us who do carry such a thing. This requires even more of a compassionate approach in how we relate to our fellow members in AA. Let us remember we have no idea what is going on inside each other, so let's be kind and gentle with one another. Just like going to the clerk at Cabela's who has an obvious mental illness, we stay in that line and we take the extra time required, to allow her to do her job, the best that she can, even though it may not be as quick as the other lines... she is being given an opportunity to be of service, and so we adjust to this accommodation being made for her to feel equal. Compassionate Action. This is Love.

A few months ago, the reality I was carrying fell from beneath me and I was left with no foundation. In other words, my reality disappeared from me. I went out to my truck and decided I was going to drive to the mental hospital and admit myself. Instead, I called a friend in the program, and I said, "I just want you to know, I am going to go check myself into the mental hospital...." and she said to me, "Honey, why don't you drive over here to my house instead, can you do that first?" I said, "Okay". I called another friend (It's important to have many sources in AA) whom I stayed on the phone with until I made it to my friend's house so I would not stop at the store and buy alcohol. I was afraid I was going to "Lose It"... So, I made it to my friend's house. She greeted me at the door, and I literally melted into her hug and just started sobbing. It is rare that I let someone see this side of me. She hugged me and I regained enough composure to walk to the kitchen table. It is here where we spent the next two hours having coffee and visiting. As the moments passed, I felt my reality come back. The Foundation beneath me formed again. My friend reminded me that I was okay. She showed me a new way of seeing things. She helped me build my foundation again with a sense of TRUTH and resilience. She listened, I listened and after a while I was back on solid ground. I could stand strong again. The foundation we poured that day is the foundation I depend on in The Fellowship of AA. Each Other. I am another you, and you are another me. "We can do together what we can't do alone". This is it. This is what it's all about! Fellowship, Unity, Recovery... what we see on our Coins and the AA logo. What a wonderful foundation to build a base to operate from! From this space, we can give Compassion, Grace, Understanding, and sometimes, yes, even a thread of patience! Once again, this program saved my life, even after some years of sobriety under my belt! This is Love.

May this Valentine's Day bring us, all of us, a LOVE we have never known before as we create, moment-to-moment our new lives together - in this wonderful program of Alcoholics Anonymous!
Blessed Be and Thank You All for this Sobriety! What a great day to be sober!

In Service,
Brenda M.



**Treasure Valley Intergroup Central Office
Cash Flow**

01/01/2023 TO 12/31/2023 YEAR END REPORT

INFLOWS

Archives	\$ 3,583.80
TSNAC	\$ 600.00

Gross Sales

GSO Sales	\$ 53,621.37
Non-GSO Sales	\$ 48,891.39
In House Merchandise	\$ 334.30

TOTAL Gross Sales	\$ 102,847.06
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7th Traditions:

Home Groups	\$ 44,707.51
Individuals	\$ 8,801.55
District 3	\$ 479.63
District 4	\$ 500.00
District 5	\$ 1,018.12
District 8	\$ 250.00
Treasure Valley Men's Banquet	\$ 2,747.83
Donation Can	\$ 720.67

TOTAL Donations	\$ 59,225.31
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Miscellaneous Revenue

Interest Income	\$ 61.36
Shipping & Handling	\$ 571.24
Printing	\$ 717.10

	\$ -
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TOTAL Misc. Revenue	\$ 1,349.70
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TOTAL INFLOWS	\$ 167,605.87
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Cash on Hand	\$ 21,709.61
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Less Liabilities Owing	\$ (8,795.51)
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Cash Available for Operations	\$ 12,914.10
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Cash Drawer	\$ 150.00
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Prudent Reserves:

Operations Prudent Reserve	\$ 20,127.95
Literature Prudent Reserve	\$ 11,000.00

Inventory on Hand	\$ 35,621.40
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Amounts due from Customers	\$ 2,001.22
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OUTFLOWS

Cost of Goods Sold	\$ 65,411.99
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Office Expenses

Assembly Expense	\$ 1,639.41
Bank & Merchant Serv Fees	\$ 1,923.58
Building Maint-Painting/Carpet	\$ 8.98
Computer/Website Maint.	\$ 3,217.70
Copy Machine Lease	\$ 2,531.56
Coffee, Candy, Water, Etc	\$ 1,412.52
Donations from TVICO	\$ 1,125.70
Insurance:Liability & D&O	\$ 1,770.00
Office Expense/Supplies	\$ 2,300.54
Open House Expenses	\$ 278.95
Over-Under	\$ 79.13
Phone/Internet Service	\$ 1,790.27
Postage & Delivery	\$ 510.12
Printing & Reproduction	\$ 715.30
Professional Fees	\$ 7,144.28
Rent	\$ 15,654.00 ¹
Store Supplies	\$ 773.00
Property Tax on Copier	\$ 112.74

TOTAL Office Expense	\$ 42,987.78
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Payroll Expense

Includes Employer Taxes	\$ 51,820.96
Work Comp Insurance	\$ 168.66

TOTAL Payroll Expense	\$ 51,989.62
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TOTAL OUTFLOWS	\$ 160,389.39
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NET CASH +/-	\$ 7,216.48
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NOTES:

¹Prof. Fees for include reconciling previous month bank statements, preparing payroll & making payroll tax deposits and/or reports, reporting & paying sales tax review customer & vendor accounts, W2s, 1099s, annual reports, preparation & E-Filing of Annual 990-EZ Tax Return, & Enhanced Payroll Subscription.

²Liabilities Owing Includes: Vendor invoices, payroll liabilities, credit card balance Idaho Sales Tax, and Gift Certificates

Thank you for supporting Central Office, we couldn't do it without you!

T.V.I.C.O.
GROUP 7th TRADITIONS
01/01/2023 to 12/31/2023 YEAR END REPORT

Group Name	Amount
10 am Spiritual Meeting	\$ 275.00
4th Dimension	\$ 150.00
7 a.m. Zoomers	\$ 2,983.92
A Vision For You	\$ 31.54
Alive Again	\$ 200.00
As Bill Sees It	\$ 2,564.54
Attitude Adjustment	\$ 2,500.00
Boise Noon Zoomers	\$ 1,018.41
Bucks No Bull	\$ 2,689.48
Chris Hull	\$ 30.00
Ding-A-Ling Group	\$ 388.35
Dog Pile Men's Group	\$ 300.00
Eagle Downtowners	\$ 184.00
Eastwind Group	\$ 110.00
Faith Forward	\$ 488.32
Fourth Dimension	\$ 50.00
Fresh Start Womens Mtg	\$ 150.00
Friday Night Newcomers Nampa	\$ 118.96
Garden Valley Gods Country	\$ 524.00
Glass House	\$ 842.00
God's Country	\$ 150.00
Group #000084161 Jennifer D	\$ 250.00
Group 41	\$ 81.00
Group One	\$ 499.86
How It Works-Nampa	\$ 2,171.87
Just Do It	\$ 85.00
Lifesavers Grp Ontario	\$ 570.00
Living Well	\$ 193.00
Lunch Bunch	\$ 324.04
Lydia's Table	\$ 50.00
M-3 Men's Meeting	\$ 300.00
McCall Back to Basics	\$ 300.00
McCall Sunrise	\$ 350.00
Mens Lit Crosstalk Group	\$ 350.00
Meridian Men's Group	\$ 420.00
Meridian Men's M3	\$ 350.00
Meridian Men's Monday Night Stag Group	\$ 150.00
Meridian Men's Night Group	\$ 253.00
Meridian Night Group	\$ 500.00
Meridian Sunrise	\$ 1,736.20

Thank you for supporting Central Office, we couldn't do it without you!

**T.V.I.C.O.
GROUP 7th TRADITIONS**

01/01/2023 to 12/31/2023 YEAR END REPORT

Group Name	Amount
Mountain Home Group	\$ 432.50
New Beginnings	\$ 1,000.00
No Mo Stinkin' Thinkin'	\$ 50.00
No Reservations	\$ 400.00
Noon Awakenings	\$ 1,650.00
Ontario Wednesday Nooners	\$ 375.00
Our Common Welfare	\$ 19.00
Outright Mental Defect	\$ 150.00
Payette Nooners AA	\$ 100.00
Puttin Sober	\$ 244.25
R U Willing Group	\$ 500.00
Rule 62	\$ 975.51
Saturday Night Live	\$ 1,170.00
Seekers	\$ 1,263.20
Serenity Seekers	\$ 1,011.78
Serenity Seeking Sisters	\$ 160.00
Sobriety Seekers	\$ 3,050.00
Speak Easy Group	\$ 461.00
Steps Come Alive	\$ 291.00
Sunday Night Lifesavers	\$ 150.00
Sunlight of the Spirit	\$ 50.00
The Life Ahead	\$ 500.00
The Way Out	\$ 100.00
There Is A Solution	\$ 2,044.62
Touchstones Men's Meeting	\$ 66.50
Treasure Valley Big Book Study	\$ 471.00
Treasure Valley Birthday Speakers	\$ 1,450.00
Turning Point	\$ 255.00
Unknown Home Group - James	\$ 200.00
Wednesday Night Men's Solutions	\$ 119.96
Welcome Home Nampa	\$ 140.00
What It Is	\$ 174.00
Whitebird Women's Group	\$ 6.00
Woman to Woman	\$ 100.00
Women In Fellowship	\$ 160.00
Women's Connection	\$ 644.70
Women's Fresh Start	\$ 53.00
Womens Primary Purpose Group	\$ 37.00
Grand Total Group Donations for 2023	\$ 44,707.51

Thank you for supporting Central Office, we couldn't do it without you!

11:29 AM
02/06/24
Cash Basis

T.V.I.C.O.
Profit & Loss
January through December 2023

	Jan - Dec 23
Ordinary Income/Expense	
Income	
Donations	
Archives	3,583.80
District 3	479.63
District 4	500.00
District 5	1,018.12
District 8	250.00
Donation Can	720.67
Group Donations	44,707.51
Individual Donations	8,801.55
Treasure Valley Banquet	2,747.83
TSNAC Storage	600.00
Donations - Other	0.00
Total Donations	63,409.11
Interest Income	61.36
Shipping & Handling	571.24
4190 · Merchandise Sales	
GSO Sales	53,997.70
In House Merchandise Sales	334.30
Non-GSO Sales	48,891.39
Refund	-376.33
Total 4190 · Merchandise Sales	102,847.06
4198 · Printing income	717.10
Total Income	167,605.87
Cost of Goods Sold	
5000 · Cost of Goods Sold	
Freight	2,063.76
GSO COGS	40,979.36
Non-GSO COGS	22,368.87
Total 5000 · Cost of Goods Sold	65,411.99
Total COGS	65,411.99
Gross Profit	102,193.88
Expense	
Over-Under	79.13
6020 · Assembly Exp & Registrations	1,639.41
6110 · Automobile Expense	
Mileage	0.00
Total 6110 · Automobile Expense	0.00
6120 · Bank Service Charges	
Merchant Service Fees	1,923.52
6120 · Bank Service Charges - Other	0.06
Total 6120 · Bank Service Charges	1,923.58
6130 · Computer Expenses	74.95
6145 · Copy Machine Lease	2,531.56
6155 · Donations from TVICO	1,125.70
6180 · Insurance	
6182 · D&O Insurance	1,181.00
6185 · Liability Insurance	589.00
6195 · Workmens Compensation	168.66
Total 6180 · Insurance	1,938.66
6250 · Postage and Delivery	510.12

11:29 AM
02/06/24
Cash Basis

T.V.I.C.O.
Profit & Loss
January through December 2023

	Jan - Dec 23
6251 · Office Expense	
Coffee, Water etc.	
Candy	177.42
Coffee, Water etc. - Other	1,235.10
Total Coffee, Water etc.	1,412.52
Computer/Website Maintenance	
Server set up	531.25
Web Hosting	99.00
Computer/Website Maintenance - Other	2,512.50
Total Computer/Website Maintenance	3,142.75
Office Supplies	
Binders	104.58
Checks	93.94
Open House Expense	278.95
Paper & Printer Ink/Toner	377.51
Phones	332.61
Office Supplies - Other	1,391.90
Total Office Supplies	2,579.49
Store Supplies	
Bags	623.36
Furniture	31.80
Labels	91.60
Store Decorations	26.24
Total Store Supplies	773.00
Total 6251 · Office Expense	7,907.76
6260 · Printing and Reproduction	715.30
6270 · Professional Fees	
6650 · Accounting	7,144.28
Total 6270 · Professional Fees	7,144.28
6290 · Rent	15,654.00
6300 · Repairs	8.98
6335 · Taxes	
Property Tax	112.74
Total 6335 · Taxes	112.74
6340 · Telephone	
Telephone/Internet	1,790.27
Total 6340 · Telephone	1,790.27
6560 · Payroll Expenses	51,820.96
Total Expense	94,977.40
Net Ordinary Income	7,216.48
Net Income	7,216.48

11:36 AM
02/06/24
Cash Basis

T.V.I.C.O.
Balance Sheet
As of December 31, 2023

	Dec 31, 23
ASSETS	
Current Assets	
Checking/Savings	
1000 · ICCU Checking	17,798.79
1010 · ICCU Savings Account	
1010.1 · Literature Prudent Reserve	11,000.00
1010.2 · Operations Prudent Reserve	20,127.95
Total 1010 · ICCU Savings Account	31,127.95
1020 · Cash Drawer	150.00
1030 · Petty Cash	266.38
Total Checking/Savings	49,343.12
Accounts Receivable	
1200 · Accounts Receivable	2,001.22
Total Accounts Receivable	2,001.22
Other Current Assets	
1120 · Inventory Asset	
1120.1 · GSO Inventory	17,728.67
1120.2 · Non-GSO Inventory	17,779.12
1120 · Inventory Asset - Other	113.61
Total 1120 · Inventory Asset	35,621.40
1300 · State Insurance Fund Deposit	111.00
1499 · Undeposited Funds	3,533.44
Total Other Current Assets	39,265.84
Total Current Assets	90,610.18
Fixed Assets	
1500 · Fixed Assets	
1500.1 · Furniture & Equipment	1,394.40
1500 · Fixed Assets - Other	1,217.46
Total 1500 · Fixed Assets	2,611.86
1600 · Accumulated Depreciation	-2,437.86
1650 · Accumulated Amortization	-174.00
Total Fixed Assets	0.00
TOTAL ASSETS	90,610.18
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Accounts Payable	
2000 · Accounts Payable	5,698.22
Total Accounts Payable	5,698.22
Credit Cards	
2050 · ICCU Credit Card 2% Reward	19.99
Total Credit Cards	19.99

11:36 AM

02/06/24

Cash Basis

T.V.I.C.O.
Balance Sheet
As of December 31, 2023

	Dec 31, 23
Other Current Liabilities	
2100 · Payroll Liabilities	
2100.1 · Federal WH & FICA	1,354.02
2100.2 · Idaho W/H	464.00
2100.7 · SUTA	95.45
2100.8 · Workman's Comp Insurance	666.34
2100 · Payroll Liabilities - Other	3.13
Total 2100 · Payroll Liabilities	2,582.94
2200 · Sales Tax Payable	444.36
2250 · Gift certificate	50.00
Total Other Current Liabilities	3,077.30
Total Current Liabilities	8,795.51
Total Liabilities	8,795.51
Equity	
3500 · Retained Earnings	74,598.19
Net Income	7,216.48
Total Equity	81,814.67
TOTAL LIABILITIES & EQUITY	90,610.18

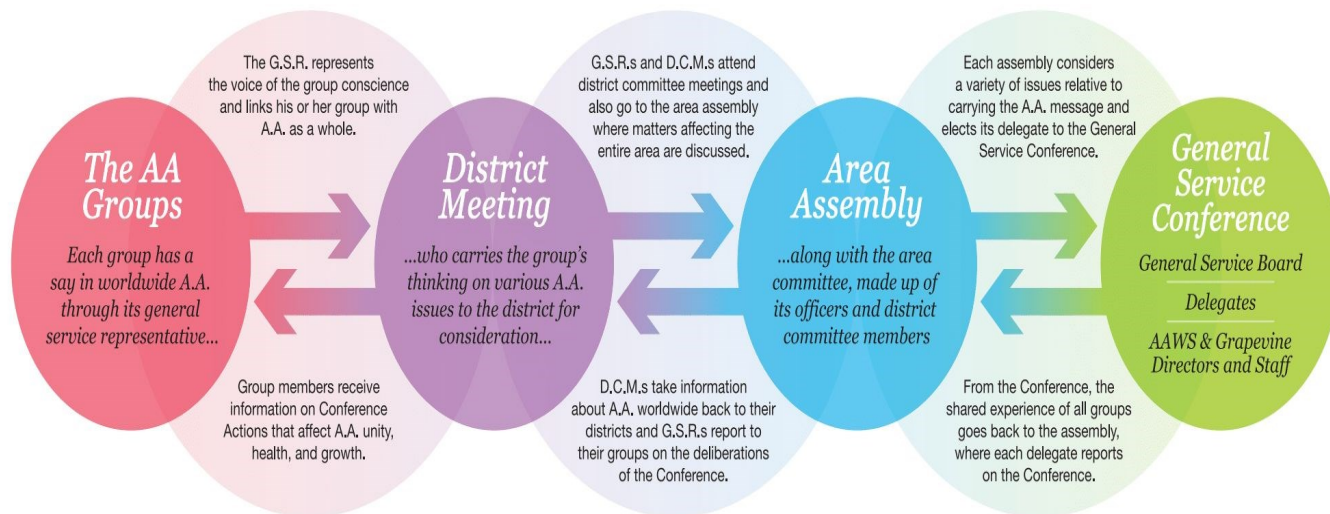
- I'M SORRY -
FOR WHAT I SAID
BEFORE I CALLED
MY SPONSOR



I like Scottish clothes shops, they let you see how good you look crawling home pished. --Cecil T.



“For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.” —Tradition Two



All parts of our Fellowship — group meetings, committees, offices, Conferences, and group jobs — share one common purpose: to help the alcoholic who still suffers.

A.A. is made up of interconnected circles of people within the Fellowship, who work together to carry A.A.'s message of hope. But in order for A.A. to run itself without bosses or rules, in accordance with our Twelve Traditions, we need a system of communication for finding out how A.A. as a whole feels about its world affairs, and how it wants to operate.

For A.A. to run its own affairs, each A.A. group needs to make its voice heard on overall A.A. policies. This starts with a group's general service representative (G.S.R.), who represents the voice of the group conscience and has the job of linking his or her group with A.A. as a whole. G.S.R.s make sure their groups receive services from the U.S. and Canada General Service Office (G.S.O) and help groups stay informed about worldwide A.A.

For every district of about ten groups or so, the G.S.R.s elect a district committee member, or D.C.M., to communicate

the districts' conscience to the area assembly, which elects an area delegate to attend the annual A.A. General Service Conference for the U.S. and Canada (other countries have their own separate structure).

Every group in an area is encouraged to send its G.S.R. to its area assembly. The D.C.M.s help to make up the area committee — a sort of steering committee for the assembly.

Each group sends its own ideas or problems to the assembly, where other groups can share their experience and provide help and support. From the assembly, each G.S.R. can take back to his or her group the shared experience of the rest of the assembly.

Every area elects a delegate to the General Service Conference, held each spring in New York. Delegates serve a two-year term only and, like G.S.R.s, D.C.M.s, and trustees, Conference delegates are never paid for A.A. service.

The General Service Conference serves as the group conscience for A.A. in the U.S. and Canada. The Conference

meets for six days a year, yet the 135 or so Conference members are active in Conference affairs throughout the year. Every A.A. group shares its experience with other groups through its area delegate to the Conference.

DELEGATE: The 93 elected area delegates make up over two-thirds of the Conference, but there are others at the annual Conference session.

GENERAL SERVICE BOARD: The 21 trustees of A.A.'s General Service Board (U.S. and Canada) are part of the Conference. Fourteen trustees are alcoholics (Class Bs); seven are nonalcoholics (Class As).

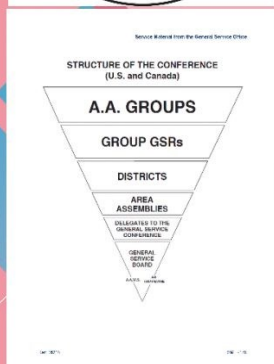
A.A. WORLD SERVICES: The directors of A.A. World Services, Inc. (the legal entity responsible for the business of the General Service Office), and the A.A. staff members at G.S.O. are Conference members.

AA GRAPEVINE: Directors of AA Grapevine, Inc., and its A.A. staff, are members of the annual Conference.

The “Circle of Love” in AA Service is a way to demonstrate our love for this program, and to carry the message to the alcoholic who still suffers! This begins with Education and Information for ALL Members of AA. For as this leaflet states, A.A. “runs itself without bosses”, and to operate as group members who express their voices to their GSRs (General Service Representative), we need to be Informed! Information and education is Key to arriving at an “Informed Group Conscience”. Every member can participate in a fully informed discussion of General Service Topics only when they have received the needed information. This is where the ball often gets dropped and we hear group members say, “I didn’t get to vote on that”, or “I didn’t know about that”. This is why the GSR’s and the DCMs are so important.... Information, Information, Education, Education! The Area Committee serves as “a sort of Steering Committee for the Assembly”. The Assembly in Idaho Area 18, consists of All GSRs, DCMs, Special Service Committee Chairpersons, and the Area Officers.... All as equal members. The Area Committee is tasked with caring for the Day-to-Day needs of the non-profit business whose primary purpose is to help the alcoholic who still suffers! This Truly is indeed, a Circle of Love in Action! What a great Valentine!

PRE-CONFERENCE WORKSHOP

COME JOIN YOUR AREA 18 COMMITTEE IN LOVE,
UNITY & SERVICE TO INFORM OUR DELEGATE IN
PREPARATION FOR THE 2024 GENERAL SERVICE
►►► CONFERENCE.



When: March 16, 2024

Where: TownePlace Suites

175 Av. Del Rio, Twin Falls, ID 8301

Time: 10am-5pm

HOSTED BY DISTRICTS 2 & 10

Plain Language Big Book Information Session

February 25th
2:00 pm – 4:00 pm EST

Zoom ID: 867 2200 6265

Passcode: 924686

Special Guest:
The Chair of the TABB Subcommittee
(Tools for Accessing the Big Book)

A Subcommittee of the Trustees' Literature Committee

Spanish Language Interpretation Provided
1000 Participant Limit

Presented
by the
South East
Regional
Delegates





We provide recovery support, 24/7 in the Treasure Valley.
Who answers the call? WE DO!!

Service Saves Lives!

AA Hotline Numbers:

English 208-344-6611

Spanish 208-703-2495

- ★ Our AA Hotline is staffed by volunteers - **We need YOU!**
- ★ Service positions are available 24/7 including
 - Weekday early mornings, afternoon-late evenings
 - Weekend early mornings, business hours, evenings
 - Holidays
- ★ Hotline workers are provided contacts and training
- ★ Hotline workers can use a Google Voice number (instead of their own number), and will be given training on how to do so. We also meet quarterly for learning, fun & connection!
- ★ Sign up by using your phone to scan the QR code below
 - (Or you can call 208-344-6611 and tell them you want to sign up as a hotline volunteer)



**Or go to this web
address:**

tinyurl.com/tvico-hotline



Love in Action

12 Step Service Volunteers Needed!

What is a 12-step call, and how can you help?

- A 12 step call is when an individual or group meets with (by phone or in-person) somebody suffering from addiction in order to help them find recovery.
- We have volunteers that take calls from our AA hotline. Once our hotline volunteers take a call, we need 12 step volunteers to do support the caller by:
 - helping them find and/or get to a meeting
 - Tell them about AA
 - Give them your experience, strength, and hope!
- In the Treasure Valley, we have hotline workers (who are volunteers, just like you and me) who take calls from anyone calling our hotline. There is a form to sign up to be a hotline volunteer!
 - Our AA hotline numbers are:

- English 208-344-6611
- Spanish 208-703-2495



Sign up by using your phone to scan this QR code
(Or you can call 208-344-6611 and tell them you want to sign up as a hotline volunteer)

Or go to this web
address:

tinyurl.com/tvico-12-step

Area Committee Business Meetings

- **TAC** (Treatment—Accessibility and Corrections) West Monthly Business Meeting (for district and group reps) – 3rd Saturday of the month – 10:00 am – Zoom Meeting ID 836-4495-5858
- **CPC/PI** West Monthly Business Meeting – 3rd Tuesday of the month – 6:30 pm – Zoom Meeting ID 913-045-768
- **IFYPAA** Business Meeting – 2nd Sunday of the month – 2:00 pm – 344 Park Ave. (The Villa), Idaho Falls, ID
- **EMMYPAA** Business Meeting – Sundays – 8:00 pm – Gem County Community Recovery Center, 199 S. McKinley Ave. Emmett, ID
- **BACYPAA** – 1st, 3rd and 5th (when applicable)- Sunday of each month – 5:30 pm – SNL, 5383 W. Franklin Street, Boise, ID
- **SCTI TAC** Business Meeting – 4th Sunday of every month – 2:00 pm Shoshone Senior Center, 218 North Rail, Shoshone, Idaho

District Business Meetings

- **District 1** – 2nd Sunday of the month – 1:00 pm – Friendship Club of Pocatello, 1st & Lovejoy, Pocatello, ID
- **District 2** – 1st Sunday of the month – 10:00 am – Hybrid, Alternating Locations, Zoom ID: 634 518 5576 Passcode: 135791; Magic Valley Fellowship Hall in Twin Falls & Sun Club South In Hailey), ID
- **District 3** – 1st Tuesday of the month – 7:00 pm – Collister United Methodist Church, 4444 Taft, Boise, ID
- **District 4** – 2nd Saturday of the month – 4:00 pm – First Christian Church, 619 12th Av. S., Nampa, ID
- **District 5** – 1st Sunday of the month – 3:00 pm – 324 S Meridian Rd, Room 25 Meridian, ID
- **District 6** – 1st Tuesday of each month – 7:00 pm – Serenity Hall (downstairs), 600 S. Blvd., Idaho Falls, ID
- **District 7** – (6 times a year) January, February, March, May, August and October – 3rd Sunday of the month if there is not an Area meeting. If it lands on the same day it would be the following week-end which the 4th Sunday of the month, Rexburg, ID
- **District 8** – 4th Thursday of the month – 7:00 pm – First Presbyterian Church, 950 West State Street, Boise, ID
- **District 9** – 3rd Saturday of the month (Quarterly Feb, May, Aug, Nov.) – 1:00 pm – Rotating location
- **District 10** – 1st Sunday of the month – 1:00 pm (Potluck at Noon)- Jerome Library, Jerome, ID
- **District 12** – Rotating meeting times and locations. For more information please email district12@idahoarea18aa.org

Treasure Valley Intergroup Business Meetings

- **Intergroup** – 2nd Thursday of the month 6PM.
Zoom ID: 841 8862 6550 Passcode: Intergroup
- **TVICO Steering Committee** Tuesday prior to Intergroup meeting at 6pm.
Zoom ID: 824 1562 0695 Passcode: TVICO

Where to send 7th Tradition Contributions

General Service Office- 7th Tradition

General Service Office
P.O. Box 2407
James A Farley Station
New York, NY 10116

Idaho Area 18

P.O. Box 43
Emmett, ID 83617

Treasure Valley Intergroup Central Office

1111 S. Orchard, Suite 180
Boise, ID 83705

District 1

P.O. Box 224
Pocatello, ID 83202

District 2

Attn: Manny
P.O. Box 2360
Hailey, ID 83333

District 3

P.O. Box 7892
Boise, ID 83707-7892

District 4

P.O. Box 1408
Caldwell ID, 83606

District 5

P.O. Box 190754
Boise, ID 83719

District 6

P.O. Box 50443
Idaho Falls, ID 83405-0443

District 8

ATTN: TVICO
1111 S. Orchard Street, Suite 180
Boise, ID 83705
Venmo 7th Tradition:
District Eight AA@District-Eight

District 9

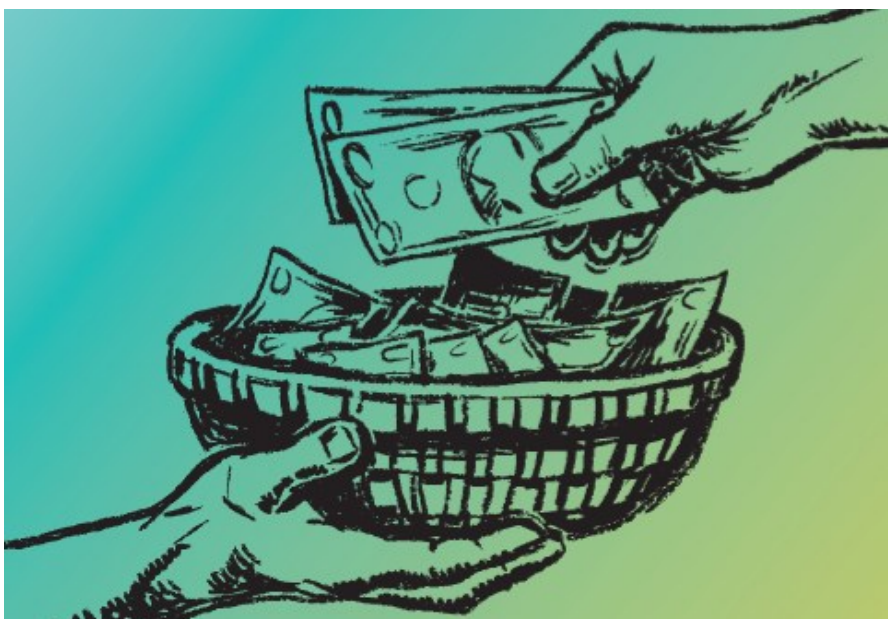
PO Box 963
Emmett, ID 83717

District 10

324 4th Avenue East
Jerome, ID 83338

District 12

165 E 1 N
Preston, ID 83263



Bill Wilson on the Second Tradition

Sooner or later, every A.A. comes to depend upon a Power greater than himself. He finds that the God of his understanding is not only a source of strength, but also a source of positive direction. Realizing that some fraction of that infinite resource is not available, his life takes on an entirely different complexion. He experiences a new inner security together with such a sense of destiny and purpose as he has never known before. As each day passes, our A.A. reviews his mistakes and vicissitudes. He learns from daily experience what his remaining character defects are and becomes ever more willing that they be removed. In this fashion he improves his conscious contact with God.

Every A.A. group follows this same cycle of development. We are coming to realize that each group, as well as each individual, is a special entity, not quite like any other. Though A.A. groups are basically the same, each group does have its own special atmosphere, its own peculiar state of development. We believe that every A.A. group has a conscience. It is the collective conscience of its own membership. Daily experience informs and instructs this conscience. The group begins to recognize its own defects of character and, one by one, these are removed or lessened. As this process continues, the group becomes better able to receive right direction for its own affairs. Trial and error produces group experience, and out of corrected experience comes custom. When a customary way of doing things is proven to be the best, then that custom forms into A.A. Tradition. The Greater Power is then working through a clear group conscience.

We humbly hope and believe that our growing A.A. Tradition will prove to be the will of God for us. Many people are coming to think Alcoholics Anonymous is, to some extent, a new form of human society. In our discussion of the First Tradition, it was emphasized that we have, in A.A. no coercive human authority. Because each A.A., of necessity, has a sensitive and responsive conscience, and because alcohol will discipline him severely if he backslides, we are finding we have little need for manmade rules or regulations. Despite the fact that we do veer off at times on tangents, we are becoming more able to depend absolutely on the long-term stability of the A.A. group itself.

With respect to its own affairs, the collective conscience of the group will, given time, almost surely demonstrate its perfect dependability. The group conscience will, in the end, prove a far more infallible guide to group affairs than the decision of any individual member, however good or wise he may be. This is a striking and almost unbelievable fact about Alcoholics Anonymous. Hence we can safely dispense with those exhortations and punishments seemingly so necessary to other societies. And we need not depend overmuch on inspired leaders. Because our active leadership of service can truly be rotating, we enjoy a kind of democracy rarely possible elsewhere. In this respect we may be, to a large degree, unique. Therefore, we of Alcoholics Anonymous are certain that there is but one ultimate authority, "a loving God as he may express himself in our group conscience."

(Bill Wilson in the January 1948 Grapevine)



GEM STATE ROUNDUP 2024

Aug 2-4 at The Riverside Hotel

2900 W Chinden Blvd, Garden City, ID 83714

THERE IS A GREAT OPPORTUNITY TO BE OF SERVICE

The following committee chair positions are available:

Treasurer Co-Chair

Alkathon

Registration

Registration Co-Chair

Al-Anon

Al-Anon Co-Chair

Program

Hotel Liaison

Souvenirs

Display/Literature

Poker Run - motorcycle ride & classic car
exhibition

**The committee meets the 2nd Wednesday of
each month at The Idaho Pizza Co (Boise)**

7444 W Fairview Ave (near Cole Rd)

For more information contact Dj H (208)936-9606

**Come be a part of making the
Gem State Roundup 2024
a great time for everyone!**



Fall Assembly 2024 Planning Meeting

District 3

Second Tuesday of Every Month

River Valley Church
1115 N. Garden St.
Boise, ID 83705

PLANNING COMMITTEE

2024 AA Sisters Mountain Retreat

Are you a female who is looking for a fun service position?

Are you creative, organized, or good with numbers?

THEN WE NEED YOU!

~ First Thursday of the month at 7:45pm ~

*Immediately following the 6:30pm Fresh Start Women's Meeting

55 S Midland Blvd. Nampa

*Be a part of something amazing that brings
clean and sober women together!*

Call Kelly S. for any questions: 541-297-3819

WHAT IS SANITY?

I would hear in my A.A. meetings that insanity is doing the same thing over and over and expecting different results. I was still doing this about a problem with overeating nearly 30 years after I stopped drinking. But I can't recall anybody saying what sanity is. I knew it could also be called mental health.

When I lived in Japan, I found that the Japanese word for what we call mental hospital could also be translated as "spirit hospital," so I suppose sanity could also be called spiritual health, as it is more a matter of spirit than intellect.

In recent years, I have come across three definitions of sanity that make sense to me and seem to be three ways of thinking about the same thing. Sanity is: 1) The ability to adjust to reality;

2) Seeing things as they really are; and

3) Living in harmony with reality.

Living in reality seemed like a horrible idea when I was drinking, as well as in early recovery. I can't say that sanity always comes hand in hand with happiness and contentment, but it offers a much better change of getting them than the alternative.

As I have become more adjusted to living in reality, the world and the people around me seem to have gotten a lot better. Living in reality means accepting things as they are, but I feel like I am living in paradise, and this has been going on for so long that I'm pretty sure I am not just deluding myself. Life happens, and most of it is something to be grateful for. I heard an amusing saying once, that if you can't think of anything to be grateful for, start with not being on fire and work up from there.

Jim F.



Yoo-Hoo!

Has Anybody Seen My Sanity?

Carry The Message Project

Want to Help Another Alcoholic?
Grapevine and La Vina are Great Twelfth Step Tools!
Look at these 3 Easy Ways!

1. If you know the full name and the mailing address of the recipient: Give a Gift Subscription to a friend, a sponsee, doctor's offices, or for giveaways at anniversaries or events at your homegroup, district, or area level.

Follow these steps:

- ◆ Go to store.aagrapevine.org.
- ◆ Click on the Gift Subscriptions box.
- ◆ Click on the Red Gift Bag icon for the type of gift subscription you want to give.
- ◆ Click on "Go to the products page."
- ◆ Click on the number of Gift subscriptions you want to purchase (*1 gift or 2*).
- ◆ Enter your information, the recipient's information, and your payment information.
- ◆ Click on the Process Order button. You're done!
- ◆ **Note:** First renewal notices will be sent to you and if there is no response, the last ones will be sent to the recipient.

2. If you do not know the full name and the mailing address of the recipient and want Grapevine to select an alcoholic in need from the requests we have received: Give a Carry the Message Gift Certificate to someone you do not know (*such as an alcoholic in prison.*)

Follow these steps:

- ◆ Go to store.aagrapevine.org.
- ◆ Click on the Gift Certificate box.
- ◆ Click the Buy button of the appropriate Carry the Message Gift Certificate option and you will be taken to a page showing our quantity discounts (*at the bottom*).
- ◆ Enter the number of gift certificates that you want and click the Buy button. (*For multiple gift certificates, the discount will automatically be applied*).
- ◆ Click Checkout and enter your order and payment information.
- ◆ When you click the Confirm button, you will get an order confirmation email and the gift certificate will be sent to you as an individual email. Forward the gift certificate to [Sonia Dominguez](mailto:sdominguez@aagrapevine.org) at sdominguez@aagrapevine.org and we will redeem it for someone who has requested a subscription but can't afford one. (*If you have purchased multiple gift certificates, select all of them and use the Forward as Attachment option, so you only have to send us one email*).
- ◆ **Note:** Your information will not be connected to the subscription record and all renewal notices will be sent directly to the recipient.

3. If you do not know the full name and the mailing address of the recipient and would like to give them a gift certificate for them to redeem themselves for a subscription (example: A newcomer in your group.): Give a Carry the Message Gift Certificate to a newcomer or someone in your group.

Follow these steps:

- ◆ Go to store.aagrapevine.org.
- ◆ Click on the Gift Certificate box.
- ◆ Click the Buy button of the appropriate Carry the Message Gift Certificate option and you will be taken to a page showing our quantity discounts (*at the bottom*).
- ◆ Enter the number of gift certificates that you want and click the Buy button. (*For multiple gift certificates, the discount will automatically be applied*).
- ◆ Click Checkout and enter your order and payment information.
- ◆ When you click the Confirm button, you will get an order confirmation email and the gift certificate will be sent to you as an individual email. Print and hand the Gift Certificate or email the Gift Certificate to the individual(s) you wish to donate a subscription to and they will be able to redeem the gift certificate code and enter their information themselves on the store: store.aagrapevine.org/to-redeem-your-gift-certificate.

TAC CORRECTIONS SERVICE

CARRY THE AA MESSAGE

to those in Jails / Prisons who cannot get to meetings



AA Support is GREATLY needed right now
in all Treasure Valley Correction Facilities

Please do your *individual* part or
have *group members come together*
to "Adopt a Facility"

so that we all bring
Experience * Strength * Hope
to our fellow AAs in need!

www.TVTAC.com

Volunteer Tab: a form so we can contact you with next steps

Trainings Tab: has info and links for quarterly certifications

Michelle: 310-283-3164 / Robert: 408-497-5151

corrections@tvttac.com

Get into ACTION!

TREATMENT, ACCESSIBILITIES & CORRECTIONS (TAC)



BE THE 12th STEP IN ACTION

We bring meetings to those who cannot reach us.
We build bridges to those in transition.

STATEMENT OF PURPOSE

Treasure Valley TAC was created in harmony with Tradition 9 of A.A.,
to unify the Twelve Step work with volunteers interested in
carrying the A.A. message.

We are organized in four service committees:
Accessibilities, Corrections, Treatment, and Bridging the Gap

Together we serve alcoholics confined to hospitals, institutions, treatment centers,
assisted living, hospice, and those with specific accessibility needs including
mobility, vision, and hearing.

Monthly business meetings 3rd Saturday of the month at 10 AM

VISITORS WELCOME! Q&A BEGINS AT 11:15 AM

Boise Alano Club (3820 Cassia St., Boise, ID)

Zoom Meeting ID: 836 4495 5858



It's
Breakfast
Time!
FOR
DINNER!



Rule 62

It's
Breakfast
Time!
FOR
DINNER!

Speaker & Potluck Meeting

Jason H. [10/10/2015]



New Creations Church

3 W Concord St. Middleton, ID 83644



Thursday, February 29, 2024

Dinner @ 6:30pm

Milestone Chips @ 7:15pm

Speaker Meeting @ 7:30pm



**Who says breakfast is just
for mornings?! Bring your yummiest
breakfast dish (not required) & come join us
for a Zip-A-Dee-Doo-Dah meeting filled
with fellowship, laughter &
Experience Strength & Hope! Oh, and coffee!**



\$40.00 Ticket Price;

*Please consider donating an extra \$1 - \$10 dollars or even fully funding a sober woman in need, so we can celebrate this special day together!

Raffle on hanging baskets and potted flowers

8TH ANNUAL WOMEN'S AA BRUNCH

9:30am- Social Hour/ Flower Raffle

10:30am- Brunch

11:30am- SPEAKER: Madeleine P. 11/14/85

1:00p- Event conclusion

PROCEEDS FROM
EVENT WILL BE
EVENLY DISTRIBUTED
TO CENTRAL OFFICE
AND TAC

PAYMENT OPTIONS:

Mail a check to Idaho Women's
Brunch PO Box 7040
Boise, Idaho 83707; to pay with
cash contact Heather P.;

VENMO @idwomensaabrunch
or scan below: *(registration
due by Monday, April 8th)



venmo

Registration chair: Kimmie P.
(208) 353-4087; ***TO

REGISTER PLEASE PROVIDE:
First and Last name, email, and
phone number.

SATURDAY APRIL 13TH, 2024

**BOISE HILTON GARDEN INN; 7699
WEST SPECTRUM STREET
BOISE, ID 83709**

For questions please contact Anna A. (208) 859-6941, Mistie B. (208) 631-3597 or Heather P. (208) 794-2423 FOR CASH PAYMENTS

All those who identify as women welcome

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35th Annual Lava Women's Retreat March 22 -March 24th

150 N Center St, Lava Hot Springs, ID 83246

Cost \$85 (includes: Sat breakfast, Sat Dinner, Breakfast and Activities)

PLEASE SECURE LODGING ACCOMMODATIONS ON YOUR OWN

THINGS TO BRING

Items to Donate to Raffle

\$ for raffle

Potluck Items for Friday
night PJ party

Swimwear, if you want to enjoy hot pools
(Cost not included in registration)

PJ's for Friday night PJ party

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35th Annual Lava Women's Retreat 2024 Registration Form

pre-registration of 85.00 by March 1st guarantees goody bag with tumbler
Please contact Cate Carlson 208 520 3144

Name: _____

Address _____

City/state /zip _____

Email _____

Phone: _____

Mail registration form
with check or money
order made payable to
**Catherine Carlson with
Lava in memo**

Catherine Carlson
5048 E 34 N
Ririe, ID 83443

Would you like to sponsor a
Newcomers Registration Fee?
Yes or no How much _____

Cate Carlson
@CateCarlson-2



Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada



July 3-6, 2025



Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Please check the convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.



**Let's celebrate sobriety together in
Vancouver in 2025!**